Master’s Degree in Counseling with a Clinical Mental Health Concentration

Licensed Professional Counselors work with individuals, families, and groups to address and treat mental and emotional disorders and to promote mental health.

They are trained in a variety of therapeutic techniques used to address issues such as:
- depression
- anxiety
- addiction
- substance abuse
- stress
- trauma
- grief
- suicidal impulses
- low self-esteem
- and more.

They also help with job and career concerns, educational decisions, mental and emotional health issues, and relationship problems.

M.S. Counseling Programs
Strauss 371 318-342-1246
Dr. Sutton sutton@ulm.edu

ULM Community Counseling Center
Strauss 284 318-342-1264

www.ulm.edu/counseling