**Dance class descriptions designed for advising**

**(21 courses total)**

**DANC 1025 Modern I (1 hr. cr.)**

Open to all levels. An introductory course to the training and practice of a grounded movement style. Class is barefoot and will emphasize alignment as well as the use of time, space and energy. Endurance, strength-building, and creative expression will be explored. No textbook. Class offered every semester.

**DANC 2009 Modern II (1 hr. cr.)**

Open to all levels.A continuation of DANC 1025 designed for the intermediate/advance dancer. Class explores more complex phrasing and finesses performance skills. No textbook. Check for course scheduling information.

**DANC 1014 Tap I (1 hr. cr.)**

Open to all levels. An introductory course to basic tap vocabulary and the rhythmic skills that the style entails. Tap shoes required. No textbook required. Check for course scheduling information.

**DANC 2012 Tap II (1 hr. cr.)**

Open to all levels. A continuation of DANC 1014 for the intermediate/advance dancer. Class explores more complex phrasing and finesses performance skills. Tap shoes required. No textbook required. Check for course scheduling information.

**DANC 1014 Jazz I (1 hr. cr.)**

Open to all levels. An introductory course to the foundations of jazz movement. Class will focus on isolations, rhythmic phrasing, body placement while drawing from theatrical, musical theatre and lyrical styles. Jazz shoes required. No textbook. Class offered every semester.

**DANC 2014 Jazz II (1 hr. cr.)**

Open to all levels.A continuation of DANC 1014 for the intermediate/advance dancer. Class explores more complex phrasing and finesses performance skills. Jazz shoes required. No textbook. Check for course scheduling information.

**DANC 1026 Ballet I (1 hr. cr.)**

Open to all levels. An introductory course to the training and practice of ballet vocabulary. Class will focus on building a classical body form and clean step execution. Ballet slippers required; no pointe shoes. No textbook. Course offered every semester.

**DANC 2016 Ballet II (1 hr. cr.)**

Open to all levels. A continuation of DANC 1026 for the intermediate/advance dancer. Class explores more complex phrasing and performance skills. Ballet slippers required; no pointe shoes. No textbook. Check for course scheduling information.

**DANC 1028 Theater Dance I (1 cr. hr.)**

Open to all levels. An introductory course to the exploration of different dance styles (ballet, jazz, tap. modern, and Ballroom) found on the Broadway stage. Students will learn choreography from Broadway shows along with history of the Broadway shows that inspired them. Jazz shoes required. No textbook. Check for course scheduling information.

**DANC 2028 Theater Dance II (1 cr. hr.)**

Open to all levels.A continuation of DANC 1028. Class explores more advanced sequences and performance skills for the intermediate/advance dancer. Jazz shoes required. No textbook. Check for course scheduling information.

**DANC 1022 Aerobic Fitness Training [Fitness for the Dancer] (1 cr. hr.)**

Open to all levels. Designed for the dance and fitness enthusiast with an introduction to the mat work created by Joseph Pilates and/or the fundamental practices of yoga. Yoga mats required. No textbook. Class offered in the Spring.

**DANC 1027 Social Dance [Introduction to Ballroom Dance] (1 cr. hr.)**

Open to all levels. Introduction to Ballroom dance with emphasis on partner etiquette, movement patterns and general partner technique. Styles such as merengue, swing, fox trot, line and club dances are practiced. No partner required. No textbook. Class offered in the Spring.

**DANC 1029 Folk Dance [Contemporary Pan African Dance] (1 cr. hr.)**

Open to all levels. Learn the essentials of contemporary Pan-African Dance, dances of the African Diaspora and its connections to African-American dances. No textbook required. Class offered in the Fall.

**DANC 4005 Dance Organization and Administration (3 cr. hr.)**

Open to all levels. An investigation of business careers in dance and the arts. Course includes resume building, audition practices, and a personalized student project (could include the business plan for a private dance studio or some arts related business). Textbook required. Course offered in the Spring.

**DANC 4024 Workshop (3 cr.hr.)**

Prerequisite: at least 1 year of dance training/experience and DANC 4027 Dance Pedagogy. An introduction to the fundamentals of choreography to create movement for the stage. Course includes creating short dances, analyzing the creative process and studying other choreographers. Textbook required. Course is offered in the Spring.

**DANC 4027 Dance Pedagogy (3 cr. hr.)**

Prerequisite: at least 1 year of dance training/experience. Designed to introduce the theory and practice of dance education. Topics include but not limited to lesson planning, observations, research and teaching practicums as it pertains to private, public and higher education environments. Textbook required. Course offered in the Fall.

**DANC 4092 History and Philosophy of (3 cr. hr.)**

Open to all levels.An indepth look into the histories and philosophies of dance in relation to the people, their societal values, cultures and practices. Textbook required. Course offered in the Fall.

**DANC 4093 Dance Repertory Ensemble (1cr. hr.)**

A major performance ensemble. Rehearsals dominate entire class time. Dance techniques include ballet, modern, jazz, and tap, contemporary African, Caribbean, musical theater, and ballroom. One major concert every semester. Ballet, jazz, character, and tap shoes required. No textbook required. By audition only. Every semester.

**DANC 4094 Summer Workshop (1 to 3 cr. hr.)**

Open to all levels. Directed study and/or research in selected areas of dance over the course of two weeks. Check for course scheduling information.

**DANC 4095 Directed Study (1 to 3 cr. hr.)**

Directed study and/or research in selected areas of dance. Check for course scheduling information.

**DANC 4096 Directed Study (1 to 3 cr. hr.)**

Directed study and/or research in selected areas of dance. Check for course scheduling information.

**DANC 3001 Theory and Application of Dance (3 cr. hr.)**

Fulfills the University Fine Arts requirement. Open to all levels. Learn dance history, various dance styles, and their applications to society. Course involves both lecture and movement experiences. No dance shoes required. Textbook required. Course offered every semester.

**KINS 4032 Kinesiology and Biomechanics [Formerly Anatomy and Physiology] (3 cr. hr.)**

A survey of the anatomy and physiology of human movement and biomechanical analysis of human motor performance. By permission of the instructor. Check for course scheduling information.

**For any questions or further information, please contact us. Robin Stephens, ext.1312** [stephens@ulm.edu](mailto:stephens@ulm.edu) **or Tina Mullone, ext. 3194** [mullone@ulm.edu](mailto:mullone@ulm.edu)**.**