

## **Department of Health Studies**

### **Student Advising - About Advising**

You can rely on your academic advisor in Health Studies for information, assistance, and encouragement throughout your time at ULM. In general, your advisor is available to:

- 1) Help you identify your goals and develop educational plans to reach them;
- 2) Help you understand degree requirements, course selection, and schedule planning;
- 3) Refer you to resources across campus that can boost your academic performance;
- 4) Help you understand academic policies and procedures; and
- 5) Provide information about potential areas of study.

You should meet with your advisor well in advance of registration so that you have time to talk about your interests and goals, and review courses you have chosen for the next semester. You should plan to meet with your advisor during each semester if you have questions, want to explore your options, or need to discuss any difficulties.

Before meeting with an advisor, students should follow these guidelines to promote effective advising:

- 1) Schedule your advising session early in the registration period. Failure to do so, may compromise your ability to register on-time or for the courses chosen,
- 2) Review the BSHS curriculum, courses, and degree requirements, etc.,
- 3) Prepare a schedule of potential courses for two consecutive semesters,
- 4) Identify any potential courses that you may take during intersession, if needed,
- 5) Identify your strengths and areas in need of improvements related to course work so you can use appropriate resources as needed,
- 6) Identify potential minor options, as appropriate,
- 7) Identify electives that may support your professional career.

#### **Guided Electives:**

As a general rule, the department will approve 1-200 level course (up to 3 credit). The remaining guided electives **must** be 300 level course or above. Any questions should be directed to your advisor or the department head prior to registering for the course.