

WILLIAM THOMAS HEY

MAILING ADDRESSES

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Department of Kinesiology
University of Louisiana at Monroe
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EDUCATION

- 1991** **PHD, HEALTH EDUCATION**, SOUTHERN ILLINOIS UNIVERSITY, CARBONDALE, IL
Dissertation: A comparison of perceived stress, impact of life experiences, and polydrug use in undergraduate students from a Mid-western university and a Southern university.
Major Professor, Dr. Dale Ritzel
- 1987** **MED, PHYSICAL EDUCATION**, NORTHWESTERN STATE UNIVERSITY, NATCHITOCHES, LA
Thesis: The effects of an eight weeks periodization weight-training program on speed and flexibility in male and female college students. *Major Professor, Dr. Sam Coker*
- 1983** **BS, PHYSICAL EDUCATION**, NORTHEAST LOUISIANA UNIVERSITY, MONROE, LA
- 1978** **GRADUATED WITH HONORS**, MARTHAVILLE HIGH SCHOOL, MARTHAVILLE, LA

PROFESSIONAL EXPERIENCE

- 2017 – PRESENT** **PROFESSOR** (TENURED), UNIVERSITY OF LOUISIANA MONROE, MONROE, LA
Teach undergraduate concepts of wellness, issues in kinesiology, introduction to health & physical education, exercise program design, exercise in health & disease and graduate courses in sport finance, exercise science perspectives for special populations, exercise prescription & leadership. Also advise undergraduate students.

2015 – 2017 ASSOCIATE PROFESSOR, UNIVERSITY OF LOUISIANA MONROE, MONROE, LA

Taught undergraduate concepts of wellness, issues in kinesiology, introduction to health & physical education, exercise program design, exercise in health & disease and graduate courses in sport finance, exercise science perspectives for special populations, exercise prescription & leadership. Also advise undergraduate students.

2011 – 2015 PROFESSOR (TENURED), WESTERN KENTUCKY UNIVERSITY, BOWLING GREEN, KY

Taught undergraduate introduction to sport management course, and graduate courses in independent investigations in recreation & sport, theoretical foundation of recreation & sport administration, research methods in recreation and sport, assessment in physical education & recreation, recreation & sport administration, championship events, fiscal practices in recreation & sport administration, legal issues in recreation and sport, and advanced studies in recreation & sport classes. Also mentored junior faculty and advised graduate students.

2008 – 2011 PROFESSOR & DEPARTMENT HEAD (TENURED), WESTERN KENTUCKY UNIVERSITY, BOWLING GREEN, KY

Taught introduction to sport management, personal health, independent investigations, theoretical foundation of recreation & sport administration, and research methods classes, responsible for scheduling of department classes, completing unit productivity reports, faculty continuation summaries, conducting faculty and staff evaluations, mentoring faculty and majors, hiring office staff, assigning and evaluating faculty teaching workloads, managing department budget, student advising and recruitment, facilities manager for Smith Stadium East, supervise Physical Education student teachers.

2004 – 2008 PROFESSOR, JACKSONVILLE STATE UNIVERSITY, JACKSONVILLE, AL
(TENURED MARCH 4, 2004)

Taught foundations of health science, personal and community health, health problems & disease prevention, health aspects of aging, current issues & trends in health, health programs in grades 6-12, school & community health programs, special projects in health education, health for special populations, graduate courses in stress management strategies for the HPE teacher, physical activity and the aging process, research in HPE, seminar in foundations of HPE, and physical fitness and health; taught various courses via Blackboard; undergraduate health education program coordinator, advised physical education graduate students and health education undergraduate majors, and supervised health education interns.

1998 – 2004 ASSOCIATE PROFESSOR, JACKSONVILLE STATE UNIVERSITY, JACKSONVILLE, AL

Taught foundations of health science, personal and community health, health problems, health aspects of aging, emergency medical services, sports safety and emergency training, health programs in grades 7-12, special projects in health education, concepts of wellness, tele-course for concepts of wellness, health education for special populations, teaching basketball, teaching strength training, teaching volleyball; graduate courses in

stress management strategies for the HPE teacher, physical fitness and health; various health education courses on Blackboard, and advised HPE majors.

- 1994 - 1998** ASSISTANT PROFESSOR, DELTA STATE UNIVERSITY, CLEVELAND, MS
Taught consumer health, personal and community health, drug use and abuse, graduate course for current trends & issues in health, school health instructional strategies, core concepts in physical education, and weight training. Advised students, directed independent studies for consumer health and drug use and abuse courses and developed curricula for health education minor.
- 1992 - 1994** VISITING ASSISTANT PROFESSOR, SOUTHEASTERN LOUISIANA UNIVERSITY, HAMMOND, LA
Taught personal health, drugs in modern society, emergency health care, elementary school health strategies, secondary school health program. Advised students and directed independent studies for drug education seminar and school health program seminar. Assisted with curriculum revisions for development of health promotion major.
- 1989 - 1991** GRADUATE TEACHING ASSISTANT, SOUTHERN ILLINOIS UNIVERSITY, CARBONDALE, IL
Taught standard first aid, community CPR, and introduction to safety education.
- 1988 - 1989** TEACHER AND COACH, NATCHITOCHE PARISH JUNIOR HIGH SCHOOL, NATCHITOCHE, LA
Taught physical education and coached boys basketball and track, cooperating teacher for student teachers.
- 1988** (SUMMER) ADJUNCT INSTRUCTOR, NORTHWESTERN STATE UNIVERSITY, NATCHITOCHE, LA
Taught health education, standard first aid, community CPR, and weight training.
- 1987 - 1988** INSTRUCTOR, NORTHWESTERN STATE UNIVERSITY, NATCHITOCHE, LA
Taught personal and community health, standard first aid, community CPR, bowling, racquetball, weight training, canoeing, and advised students.
- 1985 - 1987** GRADUATE TEACHING ASSISTANT, NORTHWESTERN STATE UNIVERSITY, NATCHITOCHE, LA
Taught personal and community health, standard first aid, community CPR, bowling, racquetball, weight training, canoeing, and advised students.
- 1986 - 87** (SUMMERS) ACTIVITY DIRECTOR, NSU FUN-N-FITNESS SUMMER DAY CAMP, NORTHWESTERN STATE UNIVERSITY, NATCHITOCHE, LA
Taught basketball & canoeing to 10-15 year old youth.

HONORS AND AWARDS

NATIONAL

- 2006 **HEALTH EDUCATION PROFESSIONAL OF THE YEAR FOR COLLEGE/UNIVERSITY** – American Association for Health Education
- 2005 **HEALTH PROMOTION MEDAL OF EXCELLENCE AWARD** (For Creativity & Dedication to the Field of Public Health Education & Health Promotion) - Centers for Disease Control / Directors of Health Promotion and Education

DISTRICT

- 2015 **SPORT PROFESSIONAL OF THE YEAR AWARD** - SHAPE America Southern District
- 2011 **SCHOLAR AWARD** - SHAPE America Southern District
- 2008 **HONOR AWARD** - SHAPE America Southern District
- 2005 **COLLEGE/UNIVERSITY HEALTH EDUCATOR OF THE YEAR** - SHAPE America Southern District

STATE

- 2005 **HONOR AWARD** - Alabama State AHPERD
- 2004 **HEALTH EDUCATION PROFESSIONAL OF THE YEAR** - Alabama State AHPERD
- 2003 **P.R.I.D.E. RECOGNITION AWARD** (Personal Responsibility in Delivering Excellence) – Alabama State AHPERD
- 1997 - 1998 **EDUCATOR OF THE YEAR AWARD, COLLEGE HEALTH EDUCATOR** – Mississippi AHPERD

UNIVERSITY

- 1998-04, 07-08 **FACULTY RESEARCH AWARD** - Jacksonville State University, Jacksonville, AL
- 1989 - 1991 **GRADUATE TEACHING ASSISTANTSHIP** - Southern Illinois University, Carbondale, IL
- 1985 - 1987 **GRADUATE TEACHING ASSISTANTSHIP** - Northwestern State University, Natchitoches, LA

COURSES TAUGHT

UNIVERSITY OF LOUISIANA AT MONROE

GRADUATE

Sport Finance
Ex Science Perspectives for Special Populations
Exercise Prescription & Leadership
Leadership and Administration in Sport

UNDERGRADUATE

Concepts of Wellness
Exercise in Health & Disease
Exercise Program Design
Intro to Teaching Health/Physical Education
Methods & Materials in Health Education

MOODLE COURSES:

Leadership and Administration in Sport
Issues in Kinesiology
Sport Finance

WESTERN KENTUCKY UNIVERSITY

GRADUATE

Facility & Event Management Practicum
Legal Issues in Recreation & Sport
Fiscal Practices in Rec & Sport Administration
Championship Events (Practicum)
Current Issues in Recreation & Sport
Independent Investigations in Rec & Sport
Research Methods in Sport & Recreation
Theory of Recreation & Sport Administration
Assessment in Physical Education & Recreation
Recreation & Sport Administration
Advanced Studies in Recreation & Sport
Investigation into Interscholastic Athletic Issues

UNDERGRADUATE

Introduction to Sport Management
Personal Health
Teaching Basketball

JACKSONVILLE STATE UNIVERSITY

GRADUATE

Stress Manage. Strategies for the HPE Teacher
Physical Fitness & Health

BLACKBOARD COURSES:

Stress Manage. Strategies for the HPE Teacher
Physical Fitness & Health
Physical Activity and the Aging Process
Research in HPE
Seminar in Foundations of HPE

UNDERGRADUATE

Concepts of Wellness
Tele-Course for Concepts of Wellness
Teaching Volleyball
Teaching Basketball
Teaching Strength Training
Personal & Community Health
Sports Safety & Emergency Training
Health Problems
Foundations of Health Science
Health Education for Special Populations
Health for Special Populations
Health Programs in Grades 6-12
School & Community Health Programs
Special Projects in Health Education
Health Aspects of Aging
Current Issues & Trends in Health Education

BLACKBOARD COURSES:

Personal & Community Health
Health Problems
Health Problems & Disease Prevention
Foundations of Health Science
Health Programs in Grades 6-12
School & Community Health Programs
Health Education for Special Populations
Health for Special Populations
Health Aspects of Aging

DELTA STATE UNIVERSITY

GRADUATE

Current Trends & Issues in Health

UNDERGRADUATE

Consumer Health
Personal & Community Health
Drug Use & Abuse
School Health Instructional Strategies
Core Concepts in Physical Education
Training Weight

DIRECTED CORRESPONDENT COURSES:

Consumer Health

Personal & Community Health

SOUTHEASTERN LOUISIANA UNIVERSITY

UNDERGRADUATE

Personal Health

Drugs in Modern Society

Emergency Health Care

Elementary School Health Strategies

Secondary School Health Program

DIRECTED INDEPENDENT STUDY COURSES:

Drug Education Seminar

School Health Program Seminar

SOUTHERN ILLINOIS UNIVERSITY

UNDERGRADUATE

Standard First Aid

Community CPR

Introduction to Safety Education

NORTHWESTERN STATE UNIVERSITY

UNDERGRADUATE

Personal & Community Health

Standard First Aid

Community CPR

Bowling

Racquetball

Weight Training

Canoeing

NATCHITOCHE PARISH JR HIGH SCHOOL

Taught Physical Education

Coached Boys Basketball & Boys Track

PUBLISHED BOOKS

TEXTBOOK

1. Lyons, TS, Jackson, J, **Hey WT** & Bannon, P (2016). Interactive Health: A Practical Approach to Wellness. Sagamore Publishing: Urbana, IL

FICTION NOVEL

1. **Hey, WT** (2012). Death of Campus Life. Wasteland Press: Shelbyville, KY

CHILDREN'S BOOK

1. **Hey, WT** (Author) & Long, R. (Illustrator) (2017). Puddin': The Chocolate Lab. Wasteland Press: Shelbyville, KY (*Unpublished Children's Book, Fall 2017 Publication Date*)

POETRY

4. **Hey, WT** (2017). Blind Acumens. Wasteland Press: Shelbyville, KY

3. **Hey, WT** (2014). Reflective Rhymes: Volumes V (*Jumbled Potpourri*) & VI (*Assorted Hodgepodge*). Wasteland Press: Shelbyville, KY

2. **Hey, WT** (2009). Reflective Rhymes: Volumes III (*Pensive Ponderings*) & IV (*Lagniappe Assonance*). Wasteland Press: Shelbyville, KY

1. **Hey, WT** (2008). Reflective Rhymes: Volumes I (*Lonely Limericks of Longing and Lost Loves*) & II (*A Menagerie of Doggerel Verse*). Jorlan Publishing: Cedar City, UT. Printed by 48-Hour Books.

BIOGRAPHY

1. **Hey, WT** (2006). The Hawks Last Flight: Our Quest for a Championship. Airleaf Publishing: Martinsville, IN. Printed by 48-Hour Books.

PEER-REVIEWED RESEARCH

JOURNAL ARTICLES

INTERNATIONAL

47. Koksall, L, Subasi, F, Luleci, E & **Hey, WT** (2012). A content analysis of Turkish newspapers: Prevalence of articles containing health information related to physical activity, US-China Education Review Journal, 2 (1), 128-134
46. Luleci, E, **Hey, WT** & Subasi, F (2008). Assessing selected quality of life factors of nursing home residents in Turkey, Archives of Gerontology and Geriatrics, 46 (1), 57-66
45. Subasi, F, **Hey, WT**, Mumcu, G, Koksall, L, Luleci, E & Sur, H (2006). Onset of smoking behavior and participation in leisure physical activities of Turkish adolescents attending vocational health schools, International Electronic Journal of Health Education, 9, 81-91
44. **Hey, WT**, Bailey, D & Stouffer, K (2001). Understanding adolescent anxiety disorders: What teachers, health educators, and practitioners should know and do. International Electronic Journal of Health Education, January, 4 (1), 81-91

NATIONAL

43. Smith, D, Gibson, F, & **Hey, W** (2015). Assessing leadership styles and organizational culture within parks and recreation departments. LARNet: The Cyber Journal of Applied Leisure and Recreation Research, 17 (1), 1-12
42. Hammett, JB, Perera, S, **Hey, WT** & Thornburg, R (2006). Acute physiological response to treadmill walking with torso mounted weight in young women, Journal of Education and Human Development, 1 (1), 1-8
41. **Hey, WT**, Calderon, KS & *Carol, H (2006). Use of body-mind-spirit dimensions for the development of a wellness behavior inventory for college students, Health Promotion Practice Journal, 7 (1), 125-133
40. **Hey, WT**, Temple, M & Hey, DL (2004). Effectively using the internet for advocacy in health education, Tech Trends Journal, 48 (6), 24-28
39. Calderon, KS & **Hey, WT** (2003). Employed student job stress: Measurement and implications for college personnel, Journal of Student Employment, 9 (1), 11-14
38. Hammett, JB & **Hey, WT** (2003). Neuromuscular adaptation to short-term (4 weeks) ballistic training in trained high school athletes. Journal of Strength and Conditioning Research, 17 (3), 556-560

37. **Hey, WT**, Calderon, KS & Seabert, D (2003). Student work issues: Implications for college transition and retention, Journal of College Orientation and Transition, Spring, 10 (2), 35-41

36. Calderon, KS, **Hey, WT** & Seabert, D (2001). Perceived stress and locus of control differences between employed and non-employed college students: Implications for increasing locus of control. Student Affairs Journal Online, Retrieved MMMM DD, YYYY from the World Wide Web: <http://sajo.org>

STATE

Labat, GM & **Hey, WT** (2017). Can an elastic band resistance-training program increase muscular strength? KAHPERD Journal, Fall, 55 (2), **(Submitted)**

35. **Hey, WT**, Church, T & Lovett, M, (2017). Student learning styles and success in distance learning courses, MAHPERD Journal, Spring, **(Accepted)**

34. **Hey WT**, Upright, P, Jordan, T, Church, T & Lovett, M, (2017). Peer evaluations: Identifying criteria for assessing student's oral presentations, ASAHPERD Journal, Spring, **(Accepted)**

33. Church, T, **Hey, WT** & Lovett, M (2017). Factors affecting North Louisiana women's decisions related to menopause therapy options, LAHPERD Journal, Spring, 80 (1), 16-20

32. Lovett, M, **Hey, WT** & Church, T (2017). I want them to play: Parental motives for youth soccer participation, LAHPERD Journal, Spring, 80 (1), 21-27

31. **Hey, WT**, Lovett, M, Church, T, & Hey, D. (2016)._Understanding the intentions of teaching styles to improve student learning in Physical Education, KAHPERD Journal, Fall, 54 (1), 54-64

30. **Hey, WT**, Lovett, M & Church, T (2016). Establishing partnership agreements between professional organizations and online sport management academic programs, LAHPERD Journal, Spring, 79 (2), 15-19

29. *Peden, C, Upright, P & **Hey, WT** (2015). Fan identification in sports: Assessing fan motives for supporting a sports organization, KAHPERD Journal, Spring 52 (2), 38-42

28. Upright, P, **Hey, WT** & Gibson, FW (2014). University alcohol consumption: A comparison between student-athletes and non-athletes, ASAHPERD Journal, Summer, 34 (2), 19-25

27. Esslinger, K, Pyle, E, **Hey, WT**, *Manny, G. (2014) Wellness levels of physical and health education professionals. KAHPERD Journal, Fall, 52 (1), 8-16

26. Upright, P, Esslinger, K & **Hey, WT** (2014). Health issues affecting college student's academic performance, KAHPERD Journal, Spring 51 (2), 30-36

25. *Eden, K, Gibson, FW & **Hey WT** (2013). Assessing NCAA Division I academic support programs, ASAHPERD Journal, Winter, 34, (1), 30-35
24. *Eden, K, Upright, P & **Hey WT** (2013). What women want: Marketing tactics for female sport fans and female sports teams, KAHPERD Journal, Spring, 50 (2), 17-25
23. Smith, JD, Upright, P, *Deevers, S & **Hey, WT** (2011). Assessing Mental Imagery Use and Perceived Stress of Collegiate Golfers, KAHPERD Journal, Fall, 49 (1), 18-23
22. **Hey, WT**, Calderon, KS, Hey, DL, Hill, K & *Deere, L. (2010). Assessing body, mind and spirit dimensions of graduate students, KAHPERD Journal, Spring, 47 (1), 28-31
21. Ballard, M & **Hey WT** (2007). Considerations for moving into administration: Career advancement or a move into the dark side? KAHPERD Journal, Fall, 43 (2), 10-14
20. Godbey, J, **Hey, WT**, Calderon, KS & Hey, DL (2007). Crisis management preparedness in Alabama elementary and secondary education, ASAHPERD Journal, Fall, 29, 23-28
19. Hill, K, Hey, DL & **Hey, WT** (2004). Causes and symptoms for burnout: Identifying potential coping mechanisms for physical education teachers, KAHPERD Journal, Spring, 40, (1), 15-18
18. Hey DL, **Hey, WT** & Gibson, FW (2002). The growing concern of childhood and adolescent obesity: Revisiting selected causes, consequences, and preventions. KAHPERD Journal, Fall, 38 (2), 28-31
17. Little, D, **Hey, WT**, Calderon, KS, Hammett, J & Bailey-Hey, D (2002). An assessment of teacher's willingness to interact with HIV infected students. ASAHPERD Journal, 24 (1), 15-18
16. Gibson, FW, Deere, R & **Hey, WT** (2001). General effectiveness of waivers and liability release forms for sport related activities in Kentucky: A case note. KAHPERD Journal, Fall, 37 (2), 24-28
15. **Hey, WT**, Hammett, JB, Bailey, DL & Gibson, FW (2001). Recognizing and understanding tension-type headaches in children, KAHPERD Journal, Fall, 37 (2), 30-33
14. **Hey, WT**, Gibson, FW & Bailey, DL (2001). Contents and use of first aid kits: Views of Northeast Alabama American Red Cross instructors. ASAHPERD Journal, 23 (1), 14-17
13. Lassiter, D, Deere, R & **Hey, WT** (2000). Overview of drug testing in secondary school athletics, KAHPERD Journal, Fall, 36 (2), 10-13
12. Hammett, JB, Callen, EJ & **Hey, WT** (2000). Effects of a high repetition weight training program on muscular strength and anaerobic power and capacity in male college basketball players during a competitive season, KAHPERD Journal, Spring, 36 (1), 33-36

11. **Hey, WT**, Stouffer, K, Hammett, JB & Little, D (2000). Assessing knowledge regarding modes of HIV-transmission among undergraduate college students in the Mississippi Delta, The Journal of the MAHPERD, Spring, 17 (1), 12-15
10. **Hey, WT**, *Hyatt, AM, *Fields, LA & Hammett, JB (1999). Ingredients for developing an effective behavior management plan in the health education classroom, KAHPERD Journal, Fall, 35 (2), 34-37
9. McMillan, CE & **Hey, WT** (1998). Health and safety: A focus on workplace ergonomics, The Journal of the MAHPERD, Spring, 15 (1), 38-39
8. **Hey, WT** & Deere, R (1997). Becoming an intelligent health consumer: Information worth knowing, KAHPERD Journal, Fall, 33 (2), 14-17
7. *Fields, LA & **Hey, WT** (1997). The importance of healthy family values in identifying the risks of juvenile delinquency, The Journal of the MAHPERD, Fall, 14 (2), 13-17
6. **Hey, WT** (1997). Development of the Mississippi directory for comprehensive school health educators and school nurses, The Journal of the MAHPERD, Fall, 14 (2), 22-25
5. **Hey, WT** (1996). A comparison of global perceived stress and life experiences between college students from a university in the mid-west and a university in the deep south, The Journal of the MAHPERD, Fall, 13 (1), 10-14
4. **Hey, WT** (1996). Polydrug use among university students, LAHPERD Journal, Spring, 59 (2), 6-7
3. **Hey, WT** (1995). The effects of periodization weight training on speed and flexibility on college students, The Journal of the MAHPERD, Fall, 16 (1), 19-21
2. **Hey, WT** & Wells, M (1995). Learning values and healthy behaviors through social interaction: From adolescent dating to commitment and marriage, The Journal of the MAHPERD, Fall, 16 (1), 13-16
1. **Hey, WT** & Hoalt, K (1995). Views of American Red Cross instructors in the Southeast Louisiana service area about the contents and use of first aid kits, LAHPERD Journal, Fall, 59 (1), 14-15

* = *Denotes student participation*

ABSTRACTS AND CONFERENCE PROCEEDINGS

INTERNATIONAL

40. Gibson, FW, Stinnett, B, Oregon, E, Fitzpatrick, A & **Hey, WT** (2014). Online certificate programs: An option for career advancement? World Conference on E-Learning in Corporate, Government, Health Care, & Higher Education, New Orleans, LA

39. Stinnett, B, Gibson, FW, Oregon, E, Fitzpatrick, A & **Hey, WT** (2014). Creating distance learning graduate programs to meet career needs, World Conference on E-Learning in Corporate, Government, Health Care, & Higher Education, New Orleans, LA
38. Oregon, E, Fitzpatrick, A, Gibson, FW, Stinnett, B & **Hey, WT** (2014). Using Multiple Levels of Rich Media and New Technologies for Developing Online Courses for a Sport Media and Branding Graduate Program, Seventh International Conference on e-Learning and Innovative Pedagogies, Portland, OR
37. **Hey, WT**, Gibson, FW, Stinnett, B, Oregon, E & Fitzpatrick, A (2014). Partnerships: Benefits for students, online programs, and professional organizations, Clute Institute International Academic Conference, Las Vegas, NV
36. **Hey WT** (2013). Collaboration strategies for creating a successful multidepartment online cohort graduate program, World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education, Las Vegas, NV
35. Essingler, T, Lirgg, C, Gorman, D, Oliver, G & **Hey, WT** (2011). Functional movement: A comparison of the effects of yoga versus core stability training, Pg 2156, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
34. Essingler, T, Esslinger, K, **Hey, WT** (2011). Strategies to decrease burnout in physical educators with coaching responsibilities, Pg 538, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
33. Upright, P, **Hey WT**, Smith, D, Larson, B, Gibson, F & *Steward, K (2011). University alcohol consumption: A comparison between athletes and non-athletes, Pg 4785, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
32. Koksals, L, Subasi, F, Luleci, E & **Hey, WT** (2011). A content analysis of Turkish newspapers: Prevalence of articles containing health information related to physical activity, Pg 4537, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
31. Subasi, F, Varol, N, Koksals, L, Mumcu, G, Luleci, E, & **Hey WT** (2011). The evaluation of health behaviors, physical parameters and posture among child laborers 14 to 18 years of age, Pg 4538, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
30. Upright, P, Gibson, F, Larson, B, Smith, D & **Hey WT** (2011). Qualitative research in sport management: Using a descriptive case study design, Pg 4352, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
29. **Hey, WT**, Upright, P, Smith, D, Larson, B, Gibson, F & *Steward, K (2011). Results on the ACHA-NCHA II at a midsized university in the Southern United States, Pg 3874, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI

28. Esslinger, K, Esslinger, T, Grimes, A & **Hey, WT** (2011). Identifying benefits of lifetime fitness activities on overall wellness suitable for classroom participation, Pg 3515, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
27. Larson, B, Smith, D, Upright, P, Gibson, F & **Hey WT** (2011). Competitive shooting: A correlational analysis between flow and imagery, Pg 3871, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
26. Larson, B, Upright, P, Smith, D, Gibson, F & **Hey WT** (2011). The economic impact of American collegiate football: A case study, Pg 3995, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
25. Smith, D, *Nixon, T, Larson, B, Upright, P, Gibson, F & **Hey WT** (2011). The effect of leadership styles on health of organizational culture, Pg 3996, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
24. Pyle, B, Esslinger, K, Essingler, T & **Hey, WT**. (2011). Creating a community advisory board to enhance your educational program. Pg 4001, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
23. Smith, D, Upright, P, Larson, B, Gibson, F, *Nixon, T, & **Hey, WT** (2011). The relationship of leadership and employee collegiality, Pg 3958, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
22. Gibson, F, *Sutton, A, Stinnett, B, **Hey, WT**, Larson, B, Upright, P & Smith, D (2011). Conducting a comprehensive study abroad: The 2008 Beijing summer Olympic games, Pg 3957, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
21. Gibson, F, Lyons, S, Navalta, J, *Maloney, R, *Oregon,, E, Larson, B, **Hey, WT**, Larson, B, Smith, D & Upright, P (2011). Retro-Green: Sustainable Initiatives for Facility Renovations in Higher Education, Pg 3956, Conference Proceedings, 9th Annual Hawaii International Conference on Education, Honolulu, HI
20. **Hey, WT** & Larson, B (2010). Leadership considerations for aspiring higher education administrators, 8th Annual Hawaii International Conference on Education, Pg 1987, Conference Proceedings, Honolulu, HI
19. Subasi, F, Luleci, E, Mumcu, G, Leyla K, Inal, S & **Hey, WT** (2010). A health promotion model for children with intellectual disabilities in Turkey, 8th Annual Hawaii International Conference on Education, Pg 1990, Conference Proceedings, Honolulu, HI
18. Luleci, E, Subasi, F & **Hey, WT** (2010). Assessing selected quality of life factors of nursing homes residents in Turkey, 8th Annual Hawaii International Conference on Education, Pg 1989, Conference Proceedings, Honolulu, HI
17. **Hey WT** & Hey, DL (2010). Creating creative health education teaching strategies, 8th Annual Hawaii International Conference on Education, Pg 1988, Conference Proceedings, Honolulu, HI

16. Hey, DL, **Hey, WT**, Calderon, K, Hill, K, & Deere, L (2010). Assessing graduate students body, mind spirit dimensions: Revisiting the BMS survey, 8th Annual Hawaii International Conference on Education, Pg 1986, Conference Proceedings, Honolulu, HI
15. Calderon, KS & **Hey, WT** (2005). Development of a job stress assessment for employed college students: Implications for college personnel, 3rd Annual Hawaii International Conference on Education, Pg 556, Conference Proceedings, Honolulu, HI
14. **Hey, WT** & Calderon, KS (2005). Using body-mind-spirit dimensions to develop a wellness behavior inventory for college students, 3rd Annual Hawaii International Conference on Education, Pg 1704, Conference Proceedings, Honolulu, HI
13. Gibson, FW, **Hey, WT** & Hey, DL (2005). School superintendent's knowledge of the crisis management plan in their school system, 3rd Annual Hawaii International Conference on Education, Pg 1414, Conference Proceedings, Honolulu, HI
12. Temple, MA, Hey, DL, **Hey, WT** & Gibson, FW (2005). Using the internet for promoting effective advocacy in school health education, 3rd Annual Hawaii International Conference on Education, Pg 4606, Conference Proceedings, Honolulu, HI
11. Gibson, FW, **Hey, WT** & Hey, DL (2005). Shared facilities: Characteristics of recreational sports facilities at colleges and universities, 3rd Annual Hawaii International Conference on Education, Pg 1412, Conference Proceedings, Honolulu, HI

NATIONAL

10. **Hey, WT**, Fitzpatrick, A, Gibson, FW & Smith, JD (2013). Strategies for creating partnerships between graduate programs & professional organizations, Mentoring Conference, Albuquerque, NM
9. **Hey, WT** & Calderon, KS (2004). Development of a wellness behavior inventory for college students using body-mind-spirit dimensions (BMS-WBI), Research Quarterly for Exercise and Sport, 75 (1) Supplement, 20
8. Hammett, JB & **Hey, WT** (2004). Comparing the Howse III Speed System to traditional plyometric training in developing speed, strength, and power in college age athletes, Research Quarterly for Exercise and Sport, 75 (1) Supplement, 9

DISTRICT

7. Calderon, KS & **Hey, WT** (2003). Use of body-mind-spirit dimensions for the development of a wellness behavior inventory for college students, SDAAHPERD Research Council Proceedings: Conference Abstracts, Savannah, GA

6. **Hey, WT**, Stouffer, K & Seabert, D (2001). Perceived stress and locus of control differences between employed and non-employed college students: Implications for assessment, SDAAHPERD Research Council Proceedings: Conference Abstracts, Birmingham, AL
5. **Hey, WT** (1997). A survey of American Red Cross instructors in the Southeast Louisiana service area regarding their views about contents and use of first aid kits, SDAAHPERD Research Council Proceedings: Conference Abstracts, New Orleans, LA
4. **Hey, WT** (1994). The effects of periodization weight training on speed and flexibility, SDAAHPERD Research Council Proceedings: Conference Abstracts, Dubuque, IA: Brown & Benchmark Publishing
3. **Hey, WT** (1994). Assessing polydrug use among university students, SDAAHPERD Research Council Proceedings: Conference Abstracts, Dubuque, IA: Brown & Benchmark Publishing
2. **Hey, WT** (1994). Global perceived stress and life experiences: Comparing students from two universities, SDAAHPERD Research Council Proceedings: Conference Abstracts, Dubuque, IA: Brown & Benchmark Publishing

STATE

1. *Sayers, LN & **Hey, WT** (2015). Assessing the use and consequence of social media by college athletes, KAHPERD Journal, Spring 52 (2), 11

* = *Denotes student participation*

PEER-REVIEWED PRESENTATIONS

ORAL PRESENTATIONS

INTERNATIONAL

59. Gibson, FW, Stinnett, B, Oregon, E, Fitzpatrick, A & **Hey, WT** (2014). Online certificate programs: An option for career advancement? World Conference on E-Learning in Corporate, Government, Health Care, & Higher Education, New Orleans, LA

58. Stinnett, B, Gibson, FW, Oregon, E, Fitzpatrick, A & **Hey, WT** (2014). Creating distance learning graduate programs to meet career needs. World Conference on E-Learning in Corporate, Government, Health Care, & Higher Education, New Orleans, LA

57. Oregon, E, Fitzpatrick, A, Gibson, FW, Stinnett, B & **Hey, WT** (2014). Using Multiple Levels of Rich Media and New Technologies for Developing Online Courses for a Sport Media and Branding Graduate Program. Seventh International Conference on e-Learning and Innovative Pedagogies, Portland, OR

56. **Hey, WT**, Gibson, FW, Stinnett, B, Oregon, E & Fitzpatrick, A (2014). Partnerships: Benefits for students, online programs, and professional organizations. Clute Institute International Academic Conference, Las Vegas, NV

55. **Hey WT** (2013). Collaboration strategies for creating a successful multidepartment online cohort graduate program. World Conference on E-Learning in Corporate, Government, Health Care, & Higher Education, Las Vegas, NV

54. **Hey WT** & Larson, B (2010). Leadership considerations for higher education administrators. 8th Annual Hawaii International Conference on Education, Honolulu, HI

53. **Hey WT** & Hey, DL (2010). Creating creative health education teaching strategies. 8th Annual Hawaii International Conference on Education, Honolulu, HI

52. Koksall, L, Subasi, F, Emil, L & **Hey, WT** (2009). A content analysis of Turkish newspapers: Identifying articles containing health information related to physical activity. 12th World Congress on Public Health, Istanbul, Turkey

NATIONAL

51. **Hey, WT** & Fitzpatrick, A (2013) Strategies for creating partnerships between graduate programs and professional organizations. Mentoring Conference, Albuquerque, NM

50. Hammett, JB, Thornburg, R. & **Hey WT** (2007). LIFETEXT: A tool in meeting standards in PE teacher preparation programs. AAHPERD National Convention, Baltimore, MD

49. Hey, DL, **Hey, WT** & Mabrey, G (2004). Using yoga poses and sequences in the workplace to promote a healthy lifestyle, AAHPERD National Conference, New Orleans, LA

DISTRICT

48. Lovett, M, **Hey, WT**, & Church, T (2017). Liability concerns of university sponsored sports camps, SHAPE America Southern District Conference, Baton Rouge, LA

47. **Hey, WT**, Lovett, M, & Church, T (2017). Assessing professional organization partnerships with online sport management programs, SHAPE America Southern District Conference, Baton Rouge, LA

46. **Hey, WT** (2016). Identifying rubric criteria to assess sport-related case studies, SHAPE America Southern District Conference, Williamsburg, VA

45. **Hey, WT** (2016). Using teaching styles and student learning styles to identify assignments for a sport focused research course, SHAPE America Southern District Conference, Williamsburg, VA

44. **Hey, WT** & Gibson, FW (2014). The importance of strategic communication in marketing sport brands, SDAHPERD Conference, Lexington, KY

43. Gibson, FW & **Hey, WT** (2014). Best practices for creating interdisciplinary online cohort graduate programs, SDAHPERD Conference, Lexington, KY

42. **Hey, WT** (2012). *Southern District Scholar Lecture* - Distance learning: Facts & future, SDAHPERD Conference, Orlando, FL

41. Esslinger, K & **Hey, WT** (2011). Advocating long-term wellness: Creating a physical education program emphasizing lifetime fitness activities, SDAHPERD Conference, Greensboro, NC

40. Esslinger, K & **Hey, WT** (2011). Identifying coping mechanisms for reducing burnout of physical educators, SDAHPERD Conference, Greensboro, NC

39. Wilder, M, **Hey, WT**, Dickens, B & Templeton, J (2007). You are a board member, now what? Southern District AAHPERD Leadership Development Conference, Chattanooga, TN

38. **Hey, WT** (2007). Identifying partnerships as potential revenue sources for your state associations: A round table discussion, Southern District AAHPERD Leadership Development Conference, Chattanooga, TN

37. Ballard, M & **Hey, WT** (2007). Moving into administration, SDAHPERD Conference, Chattanooga, TN

36. Roy, J, Geiger, B, & **Hey WT** (2007). Teaching tips for physical educators, SDAHPERD Conference, Chattanooga, TN

35. **Hey, WT** (2006). Strategic planning ideas for the southern district health division: A Round Table Discussion, Southern District AAHPERD Leadership Development Conference, Chattanooga, TN
34. Robinson, J & **Hey, WT** (2006). Management skills for program managers, SDAAHPERD Conference, Virginia Beach, VA
33. Hey, DL & **Hey, WT** (2005). Using modified yoga poses in workplace to promote a healthy lifestyle, SDAAHPERD Conference, Little Rock, AR
32. Hill, K & **Hey, WT** (2005). Identifying coping mechanisms for physical educators at risk of teacher burnout, SDAAHPERD Conference, Little Rock, AR
31. **Hey, WT** & Bailey-Hey, DL (2003). Identifying a theoretical framework for developing a physical education program using lifetime fitness activities to increase participation of obese students, SDAAHPERD Conference, Savannah, GA
30. **Hey, WT** & *Fields, L (1999). Can healthy family values reduce the risks of adolescent juvenile delinquency? SDAAHPERD Conference, Greensboro, NC
29. **Hey, WT** (1998). The dating ritual: Learning values and healthy behaviors through social interaction, SDAAHPERD Conference, Biloxi, MS
28. **Hey, WT** (1998). Consumer health and our well-being: Information and strategies worth knowing, SDAAHPERD Conference, Biloxi, MS
27. **Hey, WT** (1997). The influence of values and music on behavioral decisions of adolescents for use and nonuse of psychoactive substances, SDAAHPERD Conference New Orleans, LA
26. Gillentine, A, **Hey, WT** & *Gilmore, L (1997). Homepage 101: The basic information needed for developing a homepage on the internet, SDAAHPERD Conference New Orleans, LA

STATE

25. **Hey, WT** (2011). Online Learning: Fad or Future? KAHPERD Conference, Louisville, KY
24. **Hey, WT** (2008). Identifying coping mechanisms for reducing burnout of physical educators, KAHPERD Conference, Louisville, KY
23. **Hey, WT** & Hamilton, K (2007). AAHE: Time for you to participate, ASHPERD Fall Conference, Birmingham, AL
22. **Hey WT** & Hey DL (2007). Creative group strategies for the health education classroom, KAHPERD Conference, Louisville, KY

21. Hey DL & **Hey WT** (2007). Sport specific yoga, KAHPERD Conference, Louisville, KY
20. **Hey, WT** (2007). Leadership qualities and the importance of professional development for HPER future professionals, ASAPERD Spring Conference, Gulf Shores, AL
19. Gibbons, C & **Hey, WT** (2007). Leadership in the twenty-first century, ASAPERD Spring Conference, Gulf Shores, AL
18. Roy, J, Geiger, B, & **Hey WT** (2006). Current issues of concern for physical educators, ASAPERD Fall Conference, Birmingham, AL
17. **Hey, WT** & Gibson, FW (2005). Professional development for students: Getting your career started, KAHPERD Conference, Louisville, KY
16. Hey, DL & **Hey WT** (2005). Exercising with dot drills in elementary PE, KAHPERD Conference, Louisville, KY
15. Hey, DL & **Hey WT** (2005). Rhythm bands: The original tinkling sticks, KAHPERD Conference, Louisville, KY
14. Hill, K & **Hey, WT** (2004). Identifying teacher burnout coping mechanisms for physical educators, ASAPERD Spring Conference, Orange Beach, AL
13. Hey, DL & **Hey, WT** (2003). Taking yoga to work, ASAPERD Fall Conference, Birmingham, AL
12. Hey, DL, **Hey, WT** & Mabrey, G (2003). Beginning yoga techniques to improve flexibility and reduce stress, ASAPERD Spring Conference, Orange Beach, AL
11. Hey, DL & **Hey, WT** (2002). Using yoga to improve fitness and reduce stress, ASAPERD Fall Conference, Birmingham, AL
10. Hammett, J & **Hey, WT** (2002). Running faster: Methods of improving sprint speed, ASAPERD Fall Conference, Birmingham, AL
9. **Hey, WT** & Hey, DL (2002). Practical information regarding the ADD/ADHD student for parents and classroom management strategies for conscientious teachers, ASAPERD Spring Conference, Orange Beach, AL
8. **Hey, WT** & Hey, DL (2002). A theoretical framework the development of a physical education program based on lifetime fitness activities to increase participation of obese students, ASAPERD Spring Conference, Orange Beach, AL
7. Ballard, M, Deere, R, Gibson, FW & **Hey, WT** (2000). General school safety and crisis response, KAHPERD Conference, Louisville, KY

6. **Hey, WT** (2000). Consumer health and well-being, ASAPERD Spring Conference, Orange Beach, AL
5. **Hey, WT** (1999). The ritual of dating: learning values and healthy behaviors, ASAPERD Fall Conference, Birmingham, AL
4. **Hey, WT** (1999). Learning values and healthy behaviors through the social ritual of dating, ASAPERD Spring Conference, Gulf Shores, AL
3. **Hey, WT** & *Fields, L (1996). Can healthy family values reduce the risks of juvenile delinquency? MAAPERD Conference, Jackson, MS
2. Gillentine, A, **Hey, WT** & *Gilmore, L (1996). Development of the MAAPERD website, MAAPERD Conference, Jackson, MS
1. **Hey, WT** (1995). The importance of consumer health to our well-being: Information and strategies for understanding, MAAPERD Conference, Hattiesburg, MS

POSTER PRESENTATIONS

INTERNATIONAL

43. **Hey, WT**, Church, T & Lovett, M (2016). Assessing student's oral presentations: Identifying criteria for peer evaluations, International Conference for Academic Disciplines, Las Vegas, NV
42. **Hey, WT**, *Korkmaz, YT & Subasi, F (2014). An Investigation of the relationship between motivation, self-esteem and academic achievement of the third and the senior class physiotherapy, 12th Annual Hawaii International Conference on Education, Honolulu, HI
41. Essingler, T, Lirgg, C, Gorman, D, Oliver, G & **Hey, WT** (2011). Functional movement: A comparison of the effects of yoga versus core stability training, 9th Annual Hawaii International Conference on Education, Honolulu, HI
40. **Hey, WT**, Smith, D, Upright, P, Gibson, FW, Larson, B & *Deevers, S (2011). Assessing perceived stress and mental imagery of golfers, 9th Annual Hawaii International Conference on Education, Honolulu, HI
39. Essingler, T, Esslinger, K & **Hey, WT** (2011). Strategies to decrease burnout in physical educators with coaching responsibilities, 9th Annual Hawaii International Conference on Education, Honolulu, HI
38. Upright, P, **Hey WT**, Smith, D, Larson, B, Gibson, FW & *Steward, K (2011). University alcohol consumption: A comparison between athletes and non-athletes, 9th Annual Hawaii International Conference on Education, Honolulu, HI

37. Koksall, L, Subasi, F, Luleci, E & **Hey, WT** (2011). A content analysis of Turkish newspapers: Prevalence of articles containing health information related to physical activity, 9th Annual Hawaii International Conference on Education, Honolulu, HI
36. Subasi, F, Varol, N, Koksall, L, Mumcu, G, Luleci, E & **Hey WT** (2011). The evaluation of health behaviors, physical parameters and posture among child laborers 14 to 18 years of age, 9th Annual Hawaii International Conference on Education, Honolulu, HI
35. Upright, P, Gibson, F, Larson, B Smith, D & **Hey WT** (2011). Qualitative research in sport management: Using a descriptive case study design, 9th Annual Hawaii International Conference on Education, Honolulu, HI
34. **Hey, WT**, Upright, P, Smith, D, Larson, B, Gibson, FW & *Steward, K (2011). Results on the ACHA-NCHA II at a mid-sized university in the Southern United States, 9th Annual Hawaii International Conference on Education, Honolulu, HI
33. Esslinger, K, Esslinger, T, Grimes, A & **Hey, WT** (2011). Identifying benefits of lifetime fitness activities on overall wellness suitable for classroom participation, 9th Annual Hawaii International Conference on Education, Honolulu, HI
32. Larson, B, Smith, D, Upright, P, Gibson, FW & **Hey WT** (2011). Competitive shooting: A correlational analysis between flow and imagery, 9th Annual Hawaii International Conference on Education, Honolulu, HI
31. Larson, B, Upright, P, Smith, D, Gibson, FW & **Hey WT** (2011). The economic impact of American collegiate football: A case study, 9th Annual Hawaii International Conference on Education, Honolulu, HI
30. Smith, D, Nixon, T, Larson, B, Upright, P, Gibson, FW & **Hey WT** (2011). The effect of leadership styles on health of organizational culture, 9th Annual Hawaii International Conference on Education, Honolulu, HI
29. Pyle, B, Esslinger, K, Esslinger, T & **Hey, WT**. (2011). Creating a community advisory board to enhance your educational program, 9th Annual Hawaii International Conference on Education, Honolulu, HI
28. Smith, D, Upright, P, Larson, B, Gibson, FW, *Nixon, T, & **Hey, WT** (2011). The relationship of leadership and employee collegiality, 9th Annual Hawaii International Conference on Education, Honolulu, HI
27. Gibson, FW, *Sutton, A, Stinnett, B, **Hey, WT**, Larson, B, Upright, P & Smith, D (2011). Conducting a comprehensive study abroad: The 2008 Beijing summer Olympic games, 9th Annual Hawaii International Conference on Education, Honolulu, HI

26. Gibson, FW, Lyons, S, Navalta, J, *Maloney, R, *Oregon, E, Larson, B, **Hey, WT**, Larson, B, Smith, D & Upright, P (2011). Retro-Green: Sustainable Initiatives for Facility Renovations in Higher Education, 9th Annual Hawaii International Conference on Education, Honolulu, HI
25. Subasi, F, Luleci, E, Mumcu, G, Leyla K, Inal, S & **Hey, WT** (2010). A health promotion model for children with intellectual disabilities in Turkey, 8th Annual Hawaii International Conference on Education, Honolulu, HI
24. Luleci, E, Subasi, F & **Hey, WT** (2010). Assessing selected quality of life factors of nursing homes residents in Turkey, 8th Annual Hawaii International Conference on Education, Honolulu, HI
23. Hey, DL, **Hey, WT**, Calderon, K, Hill, K, & *Deere, L (2010). Assessing graduate students body, mind and spirit dimensions: Revisiting the BMS survey, 8th Annual Hawaii International Conference on Education, Honolulu, HI
22. Stenger, TL, Gibson, FW, **Hey, WT** & Poff, R (2006). Promoting civic engagement through classroom instruction, 4th Annual Hawaii International Conference on Education, Honolulu, HI
21. Calderon, KS & **Hey, WT** (2005). Development of a job stress assessment for employed college students: Implications for college personnel, 3rd Annual Hawaii International Conference on Education, Honolulu, HI
20. **Hey, WT** & Calderon, KS (2005). Using body-mind-spirit dimensions to develop a wellness behavior inventory for college students, 3rd Annual Hawaii International Conference on Education, Honolulu, HI
19. Gibson, FW, **Hey, WT** & Hey, DL (2005). School superintendent's knowledge of the crisis management plan in their school system, 3rd Annual Hawaii International Conference on Education, Honolulu, HI
18. Temple, MA, **Hey, WT** & Hey, DL & Gibson, FW (2005). Using the Internet for promoting effective advocacy in school health education, 3rd Annual Hawaii International Conference on Education, Honolulu, HI
17. Gibson, FW, **Hey, WT** & Hey, DL (2005). Shared facilities: Characteristics of recreational sports facilities at colleges and universities, 3rd Annual Hawaii International Conference on Education, Honolulu, HI

NATIONAL

16. **Hey, WT**, Hey, DL & Calderon, KS (2007). Levels of crisis management preparedness in K-12 education: A descriptive study, AAHPERD National Conference, Baltimore, MD

15. **Hey, WT** & Calderon, KS (2004). Development of a wellness behavior inventory for college students using body-mind-spirit dimensions (BMS-WBI), AAHPERD National Conference, Research Consortium, New Orleans, LA
14. Hammett, JB & **Hey, WT** (2004). Comparing the Howse III speed system to traditional plyometric training in developing speed, strength, and power in college age athletes, AAHPERD National Conference, Research Consortium, New Orleans, LA
13. Calderon, KS, **Hey, WT** & *Carol, H (2003). Use of body mind-spirit wellness dimensions in promotion of healthy lifestyles among college students, American Public Health Association, 131st National Conference, San Francisco, CA
12. Little, D, **Hey, WT**, Stouffer, K & Hammett, JB (2000). Assessment of teachers in the southeastern United States on their willingness to Interact with students infected with HIV, AAHPERD National Conference, Research Consortium, Orlando, FL
11. **Hey, WT**, Stouffer, K, Hammett, JB & Little, D (2000). Knowledge of undergraduate college students in the Mississippi delta regarding modes of HIV transmission, AAHPERD National Conference, Research Consortium, Orlando, FL
10. **Hey, WT** (1992). A comparison of perceived stress, impact of life experiences and, polydrug use in undergraduate students from a Midwestern university and a southern university, AAHPERD National Conference, Research Consortium, Indianapolis, IN

DISTRICT

9. Esslinger, T & **Hey, WT** (2012). Functional movement: A comparison of the effects of yoga versus strength and conditioning with a core stability program, SDAHPERD Research Council, Orlando, FL
8. Esslinger, K, **Hey, WT**, *Causseaux, C, *Hood, T (2012) Wellness levels of physical and health education professionals attending the American alliance for health physical education recreation and dance national conference, SDAHPERD Research Council, Orlando, FL
7. Larson, B, Upright, P, Smith, D, **Hey WT** & Gibson, F (2012). Assessing the economic impact of a new mid-major FBS Program on a local community, SDAHPERD Research Council, Orlando, FL
6. Calderon, KS, **Hey, WT** (2003). Use of body-mind-spirit dimensions for the development of a wellness behavior inventory for college students, SDAHPERD Research Council, Savannah, GA
5. **Hey, WT**, Stouffer, K & Seabert, D (2001). Perceived stress and locus of control differences between employed and non-employed college students: Implications for assessment, SDAHPERD Research Council, Birmingham, AL

4. **Hey, WT** (1997). A survey of American Red Cross instructors in the southeast Louisiana service area regarding their views about contents and use of first aid kits, SDAAPERD Research Council, New Orleans, LA

3. **Hey, WT** (1994). The effects of periodization weight training on speed and flexibility, SDAAPERD Research Council, Nashville, TN

2. **Hey, WT** (1994). Assessing polydrug use among university students, SDAAPERD Research Council, Nashville, TN

1. **Hey, WT** (1994). Global perceived stress and life experiences: Comparing students from two universities, SDAAPERD Research Council, Nashville, TN

* = *Denotes student participation*

INVITED GUEST SPEAKER

13. **Hey, WT** (2009). Panel discussion: Careers in KRS professions, CHHS University Experience Classes, Western Kentucky University, Bowling Green, KY (Oct)
12. **Hey, WT** (2009). What can I expect from my college professor? Master Plan Student Orientation, Western Kentucky University, Bowling Green, KY (Sept)
11. **Hey, WT** (2008). Panel discussion: Careers in KRS professions, CHHS University Experience Classes, Western Kentucky University, Bowling Green, KY (Nov)
10. **Hey, WT** (2008). Undergraduate majors in the department of KRS, CHHS University Experience Classes, Western Kentucky University, Bowling Green, KY (Oct)
9. **Hey, WT** (1998). Implementing a behavior action plan for health and physical education. 3rd Annual HPE Conference, Delta State University, Cleveland, MS (March)
8. **Hey, WT** (1997). An overview of the revised Mississippi comprehensive school health education curriculum, 2nd Annual HPE Conference, Delta State University, Cleveland, MS (May)
7. **Hey, WT** (1997). Practical applications of Superlinks and Powerpoint Software in teaching health and physical education, 2nd Annual HPE Conference, Delta State University, Cleveland, MS (May)
6. **Hey, WT** (1997). The influence of adolescent values on behavioral decisions for use and nonuse of psychoactive substances, Western Kentucky University, Dept. of PER Foundations Class, Bowling Green, KY (April)
5. **Hey, WT** (1996). Important flexibility and stretching techniques, Wood Community College Health Fair, Mathiston, MS (Oct)
4. **Hey, WT** (1994). Consumer and community health teaching strategies. "Education for health: a comprehensive approach to reducing drug/alcohol abuse, HIV-AIDS and other risk behaviors". A workshop to certify secondary health education instructors, Alexandria, LA (April)
3. **Hey, WT** (1993). Substance abuse: What is it really? Veterans Upward Bound, Southeastern Louisiana University, Hammond, LA (March)
2. **Hey, WT** (1993). First Aid and CPR: What should I know? Dorm Resident Assistants, Southeastern Louisiana University, Hammond, LA (March)
1. **Hey, WT** (1990). Earthquake preparedness, SIUC credit Union Employees, Carbondale, IL (Nov)

PRESIDER

DISTRICT

- 2007 Health Linkage Breakfast, SDAAPERD Conference, Chattanooga, TN
- 2007 Health Division Assembly of Members, SDAAPERD Conference, Chattanooga, TN

STATE

- 2006 ASAHPERD General Session, ASAHPERD Spring Conference, Gulf Shores, AL
- 2005 ASAHPERD General Session, ASAHPERD Fall Conference, Birmingham, AL
- 2005 ASAHPERD Awards Luncheon, ASAHPERD Fall Conference, Birmingham, AL
- 2005 ASAHPERD General Session, ASAHPERD Spring Conference, Gulf Shores, AL
- 2004 ASAHPERD General Session, ASAHPERD Fall Conference, Birmingham, AL
- 2004 ASAHPERD Awards Luncheon, ASAHPERD Fall Conference, Birmingham, AL

GRANTS FUNDED

8. **Hey, WT** (Spring 2007). Jacksonville State University Travel & Self-Improvement Grant for \$400, Jacksonville, AL
7. **Hey, WT** (Fall 2004). Jacksonville State University Travel & Self-Improvement Grant for \$1,000, Jacksonville, AL
6. **Hey, WT** (Spring 2003). Jacksonville State University Travel & Self-Improvement Grant for \$300, Jacksonville, AL
5. **Hey, WT** (Spring 1999). Jacksonville State University Travel & Self-Improvement Grant for \$150, Jacksonville, AL
4. **Hey, WT & Hammett, JB** (Fall 1999). Jacksonville State University Faculty Research Grant for \$1,200, Jacksonville, AL
3. **Hammett, JB & Hey, WT** (Fall 1999). Jacksonville State University Faculty Research Grant for \$750, Jacksonville, AL

2. **Hey, WT** (1996). Delta State University faculty development grant for \$250 to support research project entitled: The development of a resource directory for Mississippi school health educators in grades 7 – 12 and school nurses, Cleveland, MS

1. **Hey, WT** (1995). Delta State University faculty development grant for \$250 to support research project entitled: The effects of work stress on the academic performance of college students: The development of a college student work stress inventory, Cleveland, MS

PUBLISHED COURSE PACKET MANUALS

8. **Hey, WT** (2005). Health Programs for Grades 7-12, Hey-Bail Publishing, Jacksonville, AL

7. **Hey, WT** (2004). Health Problems, (2nd updated version), Hey-Bail Publishing, Jacksonville, AL

6. **Hey, WT** (2004). Health Aspects of Aging, (2nd updated version), Hey-Bail Publishing, Jacksonville, AL

5. **Hey, WT** (2004). Stress Management Strategies for HPE Teachers, (2nd updated version), Hey-Bail Publishing, Jacksonville, AL

4. **Hey, WT** (2002). Stress Management Strategies, HPE Teachers, JSU Print Shop, Jacksonville, AL

3. **Hey, WT** (2001). Health Problems, JSU Print Shop, Jacksonville, AL

2. **Hey, WT** (2001). Health Aspects of Aging, JSU Print Shop, Jacksonville, AL

1. **Hey, WT** (2001). Teaching Basketball, JSU Print Shop, Jacksonville, AL

ACTIVITIES IN PROGRESS

PRESENTATIONS

5. Church, T., Lovett, M, & **Hey, WT** (2017). Using Learning Styles to Identify Characteristics Students Need for Success in Online Courses, (*In Progress*)
4. Lovett, M & Church, T & **Hey, WT** (2017). Impacting classroom success: Creating Classroom Assignments That Address Student Learning Styles, (*In Progress*)
3. Lovett, M, **Hey, WT** & Church, T. (2017). Using best practices to create a self-assessment for online graduate programs, (*ready to submit*)
2. **Hey, WT**, Church, T & Lovett, M. (2017). Strategies for success in online courses: Identifying student learning style characteristics, (*ready to submit*)
1. **Hey, WT** & Hey, D. (2017). Understanding how teaching style intentions improves student learning in Kinesiology, (*ready to submit*)

MANUSCRIPTS

2. **Hey, WT**, Church, T & Lovett, M, (2017). Strategies for identifying rubric criteria to assess case studies, MAHPERD Journal
1. Subasi, F, ????, ????, & **Hey, WT** (2017). Assessing smoking behavior among university students

BOOKS

6. **Hey, WT** (2019). Presentations of Death. (*Fiction Novel in Progress*)
5. **Hey, WT** (2018). Luminous Lucidity. Wasteland Press: Shelbyville, KY (*Poetry Book In Progress*)
4. **Hey, WT** (2018). Mystery on Jim's River. (*Fiction Novel in Progress*)
3. **Hey, WT** (2018). The Moon Personified. Wasteland Press: Shelbyville, KY (*Completed Collection of Poetry*)
2. **Hey, WT** (2018). Leaning On The Power. Wasteland Press: Shelbyville, KY (*Poetry Book In Progress*)
1. **Hey, WT** (2017). Reflective Rhymes: A Chronicled Anthology. Wasteland Press: Shelbyville, KY (*Completed Collection of Poetry*)

PROFESSIONAL SERVICE

PROFESSIONAL AFFILIATIONS

NATIONAL

2013 - 2015 NACMA
2013 - 2015 Sport Marketing Association
1991 - 2012 American Association of Health Education
1985 - 1987; 1991 - 2012; 2014 - Present Society for Health and Physical Educators
1992 - 1997 American School Health Association

DISTRICT

1985 - 1987; 1991 - 2012; 2014 - Present SHAPE America Southern District Association

STATE

2008 - 2012 & 14 Kentucky Association for Health, Physical Education, Recreation and Dance
1998 - 2008 Alabama State Association for Health, Physical Education, Recreation and Dance
1994 - 1998 Mississippi Alliance for School Health
1994 - 1998 Mississippi Association for Health, Physical Education, Recreation and Dance
1985 - 87, 1992 - 94, 2016 Louisiana Association for Health, Physical Education, Recreation and Dance

LOCAL

1994 - 1998 Board of Directors for American Cancer Society in Bolivar County, Mississippi

PROFESSIONAL OFFICES

NATIONAL

AMERICAN ASSOCIATION FOR HEALTH EDUCATION (AAHE)

2008 - 2011 Board of Directors

DISTRICT

SHAPE AMERICA SOUTHERN DISTRICT

HEALTH DIVISION

2007 - 2008 Past Vice President
2006 - 2007 Vice President
2005 - 2006 Vice President Elect
2003 - 2005 School Health Council Chair-Elect
1999 - 2001 Community Health Council, Member-at-Large
1998 - 1999 Worksite Health Promotion Council Chair
1997 - 1998 Worksite Health Promotion Council Chair-Elect

STATE

ALABAMA STATE AHPERD

2006 - 2007 Past-President
2004 - 2006 President
2004 President-Elect
2002 - 2004 Vice President for Health Division

MISSISSIPPI AHPERD

1996 - 1997 Vice President for Health Division
1995 - 1996 Vice President-Elect for Health Division

PROFESSIONAL COMMITTEES

NATIONAL

AMERICAN ASSOCIATION FOR HEALTH EDUCATION (AAHE)

2009 - 2010 Program Planning
2008 - 2011 Awards
2008 - 2011 Fellows (Ex-Officio)

DISTRICT

SHAPE AMERICA SOUTHERN DISTRICT

2017 - 2018 Scholar Award
2015 - 2016 Sport Professional of the Year Award
2012 - 2013 Constitution & By Laws
2012 - 2013 Scholar Award
2011 - 2013 W. Clyde Partin Service Award (Chair 2011-12)
2008 - 2009 Marketing (Presidential Ad Hoc Committee)
2007 - 2008 Nominating (Chair)
2007 - 2008 Health Educator of the Year Award (Chair)
2006 - 2007 Convention Program Planning
2003 - 2004 Nominating
1997 - 2000 Service Award
1997 - 1998 Convention Chair of Evaluation Committee for Public Relations Branch
1996 - 1997 Honor Award

STATE

KENTUCKY AHPERD

2008 - 2009 Constitution & By-Laws

ALABAMA STATE AHPERD

2007 - 2008 Angie Nazaretian Lay Leader Award
2007 - 2008 Outstanding Administrator Award

2006 - 2007 Elections (Chair)
 2006 - 2007 Applied Strategic Planning
 2006 - 2007 District Rep/ Division Workshop Rotation
 2004 - 2007 Executive Director Selection/Evaluation
 2004 - 2007 Executive
 2004 - 2007 Finance Budget Committee
 2005 - 2006 Program Sub-Committee (General Session)
 2004 - 2005 Applied Strategic Planning (Ex-Officio)
 2004 - 2005 Fall Conference (Meal Functions)
 2003 - 2005 Nominating (Chair 06-07)
 2002 - 2005 Health Educator of the Year (Chair 02-04)
 2002 - 2004 Service Award
 2003 - 2005 Student Award
 2002 - 2004 College/University Liaison (JSU)
 2002 - 2004 Spring Conference Program Planning
 2002 - 2004 Outstanding Student Award
 2002 - 2003 Fall Conference Program Planning

PROFESSIONAL SERVICE ACTIVITIES

INTERNATIONAL

2015 - Present Manuscript Reviewer for Adapted Physical Activity Quarterly
 2014 - Present Editorial review board member for Global Journal of Health Education & Promotion
 2010 Session Chair, International Hawaii Conference on Education, Honolulu, HI (Jan)
 1999 - 2014 Member of the Editorial Review Board for the International Electronic Journal for Health Education (IEJHE) (July)

NATIONAL

2010 - Present Member of the Editorial Review Board for the Journal of Health Education Teaching (Jan)
 2009 - Present Member of the Editorial Review Board for the American Journal of Health Education – Teaching Ideas (March)
 2011 - 2012 Drug Free Sport Crew Member, Bowling Green, KY (March)
 2003 & 2004 Student Mentor and Ropes Course Staff, AAHPERD National Student Leadership Conference, Camp ASCCA, Whites Gap, AL (Oct)
 1998 - 2000 Member of the Editorial Review Board for Stand: Drugs and Society (May)
 1998 - 2000 Member of the Editorial Review Board for Courselinks: Human Sexuality (April)
 1997 Chapter Reviewer for 7th Edition of Drugs, Society, and Human Behavior (Oakley Ray & Charles Ksir Authors), WCB/Mosby Publishing (Oct)
 1996 - 2000 Member of the AAHE Research Coordinating Board

STATE

- 2007 Invited expert juror for instrument entitled, "AL Teacher's Survey About Cancer Education." Funded by the AAHPERD Research Consortium and conducted by the UAB School of Education
- 2007 Poster Session Reviewer, Second Annual Alabama Governors Conference on Obesity
- 2002 State Department of Education, Health Education Course of Study Committee
- 2001 - 2004 Manuscript Reviewer for The ASHPERD Journal
- 1999 - 2000 Manuscript Reviewer for The GAHPERD Journal
- 1997 - 1998 Editor of The Journal of the Mississippi AHPERD
- 1996 Created The Mississippi Directory for Comprehensive School Health Educators and School Nurses (Nov)
- 1996 Assisted with WebPages development of the Mississippi AHPERD (Oct)
- 1994 On-site Registration Coordinator, MAHPERD Conference, Cleveland, MS (Nov)

LOCAL

- 1998 Co-Coordinator, 3rd Annual HPE Conference, Delta State University, Cleveland, MS
- 1997 Co-Coordinator, 2nd Annual HPE Conference, Delta State University, Cleveland, MS
- 1996 On-site Registration Coordinator, 1st Annual HPE Conference, Delta State University
Cleveland, MS

CERTIFICATIONS

- 1999 - 2004 American Red Cross Sports Safety Training & Emergency Care Instructor
- 1999 - 2004 American Red Cross Automated External Defibrillator Certification
- 1992 - 2001 American Red Cross First Aid: Responding to Emergencies
- 1989 - 1992 & 1998 - 2001 American Red Cross Standard First Aid & CPR Instructor
- 1986 - 2001 American Red Cross Community CPR
- 1986 - 1989 State of Louisiana Teaching Certificate (Physical Education), Type C # 121421

UNIVERSITY SERVICE

COMMITTEES

UNIVERSITY OF LOUISIANA AT MONROE

UNIVERSITY

2015 - Present Graduate Faculty

DEPARTMENT OF KINESIOLOGY

FACULTY SEARCHES

2016 Biomechanics Assistant Professor

2016 Exercise Science Assistant Professor

WESTERN KENTUCKY UNIVERSITY

UNIVERSITY

2008 - 2015 Graduate Faculty

COLLEGE OF HEALTH & HUMAN SERVICE

2011 - 2014 Research and Grants

COLLEGE OF EDUCATION

2010 - 2011 Professional Education Council

2008 - 2011 NCATE Steering Committee

2008 - 2011 NCATE Standard VI Sub-Committee

SCHOOL OF KINESIOLOGY, RECREATION & SPORT

2011 - 2015 Tenure & Promotion Committee

2013 Graduate Assistant Committee

KRS FACULTY SEARCHES

2014 RSA Graduate Assistant Professor (Chair)

2014 Physical Education Pedagogy Assistant Professor

2012 Facility & Event Management Visiting Assistant Professor

2009 Physical Education Instructor (Chair)

JACKSONVILLE STATE UNIVERSITY

DEPARTMENT OF HPER

2004 - 2008 Health Education Interview (Chair)

1998 - 2008 Undergraduate Health Education Program Coordinator

1998 - 2008 Curriculum and Advisement (Chair, 2002-2004)

2004 - 2007 Graduate Program Coordinator

1999 - 2004 Education Interview (Chair, 2002-2004)

2002 - 2003 Health & Physical Education Program of Study Advisement Coordinator

1998 - 2008 Graduate Comprehensive Exam

1998, 04 (Fa), 2000, 02 (Sp), 2001 (Sum) Graduate Comprehensive Exam (Chair)
2002 - 2003 Distance Education (Chair)
2002 - 2003 Discipline (Health Education)
2001 - 2003 General Education
1999 - 2004 Library Liaison

HPER FACULTY SEARCHES

2007 Exercise Science
2007 Exercise Science / Sport Administration
2005 Department Chair Position in HPER (Co-Chair)
2002 Department Chair Position in HPER
2002 Department Chair Position in Educational Resources
2002 Recreation Position
2002 PE Pedagogy Position
2000 Recreation Position (Chair)
1999 PE Pedagogy Position (Chair)
1999 Exercise Science Position

COLLEGE OF EDUCATION & PROFESSIONAL STUDIES

2007 - 2008 NCATE Standard II – Evaluation
2006 - 2008 Faculty Evaluation (Co-Chair)
2006 - 2008 Doctoral Program Task Force
2006 - 2008 NCATE Standard I – Candidate Knowledge, Skills & Dispositions (Graduate)
2005 - 2008 Graduate Student Orientation
2005 - 2008 Advisement
2004 - 2006 Curriculum
2004 - 2005 NCATE Standard I – (6-12 Sub-Committee & Graduate Sub-Committee)
2001 - 2005 New Student Population (Chair)
1999 - 2005 Exit Exam Task Force
1998 - 2006 Technology Task Force
1998 - 2003 Technology Task Force Sub-Committee (Equipment Needs Assessment)
1999 - 2002 Hearing Committee, At-larger Member
2002 - 2003 NCATE Candidate Knowledge, Skills, and Dispositions
1998 - 1999 NCATE Resource Standard Sub-Committee

UNIVERSITY

2005 - 2008 Graduate Council
2000 - 2008 Wellness
2007 - 2008 Wellness Sub-Committee – Focus Group
1998 - 2008 Graduate Faculty
1999 - 2000 JSU Athletic Council
2000 - 2003 SACS Educational Support Services (Intercollegiate Athletics)
1998 - 2000 Faculty Senate
1998 - 2000 Honors Award

DELTA STATE UNIVERSITY

DIVISION OF HPER

1994 - 1998 Curriculum (Chair 1997-98)
1996 - 1998 Co-Faculty Advisor for HPER Majors Club
1997 - 1998 Exercise Science Faculty Search Position

UNIVERSITY

1995 - 1997 Academic Issues
1995 - 1997 Faculty Senate
1995 - 1997 General Academic Affairs
1994 - 1998 Graduate Faculty
1994 - 1998 Health and Safety
1994 Wellness

SOUTHEASTERN LOUISIANA UNIVERSITY

1993 - 1994 Graduate Faculty
1992 - 1994 Special Activities and Student Honors (Chair, 1993-94)

FACULTY ADVISOR

JACKSONVILLE STATE UNIVERSITY

1998 - 2000 JSU Mountain Bike Club
2000 - 2002 Alpha Tau Omega Fraternity

SOUTHEASTERN LOUISIANA UNIVERSITY

1993 - 1994 Kappa Delta Tau Fraternity

WEB SITE DEVELOPMENT & MAINTENANCE

JACKSONVILLE STATE UNIVERSITY

1998 - 2001 Maintained the Department of HPER Web Page

DELTA STATE UNIVERSITY

CREATED AND MAINTAINED WEB PAGES:

1997 Office of Field Experiences
1996 School of Education
1995 Division of HPER

DISSERTATION COMMITTEES

UNIVERSITY OF ARKANSAS, FAYETTEVILLE, AR

2009-2011 Travis Esslinger, College of Education, Department of Kinesiology

UNIVERSITY OF ALABAMA-BIRMINGHAM, BIRMINGHAM, AL

2008-2010 Brent Powell, School of Education, Department of Human Studies

THESIS COMMITTEES

WESTERN KENTUCKY UNIVERSITY

2009-2010 Maggie Poe, Dept. of KRS (Exercise Science), Honors College

DELTA STATE UNIVERSITY

1996 Debra Abston, School of Nursing

1996 Ron Abston, School of Nursing

STUDENT RECRUITMENT

WESTERN KENTUCKY UNIVERSITY

2009 (Nov) Logan County High School, Degree programs & careers in KRS

2009 (Oct) Focus on Western

2008 (Sept) Focus on Western

JACKSONVILLE STATE UNIVERSITY

1998, 2000 Fall Visitation Day

1999, 2001-2008 Spring Preview Day

ONLINE COURSE DEVELOPMENT

UNIVERSITY OF LOUISIANA MONROE

(MOODLE COURSES)

UNDERGRADUATE

2015 Issues in Kinesiology (KINS 4045)

GRADUATE

2015 Sport Finance (EXSC 5018)

WESTERN KENTUCKY UNIVERSITY

(BLACKBOARD COURSES & SUPPLEMENTS)

UNDERGRADUATE

2009 Personal Health (PH 100)

2008 Introduction to Sport Management (SPM 200)

GRADUATE

2013 Legal Issues in Recreation & Sport (RSA 517)

2013 Facility & Event Management Practicum (RSA 590)

2012 Current Issues in Recreation & Sport (RSA 542)

2012 Fiscal Practices in Recreation & Sport (RSA 519)

2012 Championship Events (RSA 544)

2011 Recreation and Sport Administration (RSA 523)

2011 Advanced Studies in Recreation & Sport (RSA 530)

2010 Theoretical Foundation of Recreation & Sport Admin (RSA 513)

- 2010 Assessment in PE and Recreation (PE 515)
- 2009 Research Methods in Recreation & Sport (RSA 501)
- 2009 Independent Investigations in Recreation & Sport (PE 530)

JACKSONVILLE STATE UNIVERSITY

(BLACKBOARD COURSES & SUPPLEMENTS)

UNDERGRADUATE

- 2007 Health Problems & Disease Prevention (HPE 312)
- 2007 School & Community Health Programs (HPE 360)
- 2004 Foundations of Health Science (HPE 315)
- 2002 Personal and Community Health (HPE 212)
- 2002 Health Problems (HPE 312)
- 2002 Health Education for Special Populations (HPE 318)
- 2002 Health Programs in Grades 6-12 (HPE 360)
- 2002 Health Aspects of Aging (HPE 420)

GRADUATE

- 2008 Seminar in Foundations of HPE (HPE 500)
- 2007 Research in HPE (HPE 508)
- 2007 Psychology of Sport and Exercise (HPE 610M)
- 2006 Physical Activity and the Aging Process (HPE 585)
- 2002 Stress Management Strategies for the HPE Teacher (HPE 545)
- 2002 Physical Fitness and Health (HPE 575)

DELTA STATE UNIVERSITY

(CORRESPONDENCE COURSES)

Developed, maintained, and coordinated correspondence courses:

- 1997 Consumer Health
- 1995 Personal and Community Health

OTHER SERVICE

WESTERN KENTUCKY UNIVERSITY

UNIVERSITY

- 2008 - 2011 Coordinator, Play Golf America Program (WKU Alumni Kenny Perry Ryder Cup Donation)

SCHOOL

- 2012 – 2015 Coordinator, RSA Sport Media & Branding Graduate Concentration
- 2013 – 2015 RSA 590 Course Development Contract
- 2015 RSA 501 Course Development Contract

COMMUNITY SERVICE

HEALTH FAIRS

- 2000 School of Nursing, Jacksonville State University, Jacksonville, AL, Gathered survey information from health fair participants (Oct)
- 1996 Continue Care Home Health, Cleveland, MS, Presentation: Grip strength, flexibility, and percent body fat measurements (Oct)
- 1996 Wood Community College, Mathiston, MS, Presentation: Shoulder and trunk flexibility measurements (Oct)

AUTOMATED EXTERNAL DEFIBRILLATOR WORKSHOPS

- 2003 Dept of HPER Faculty, Jacksonville State University, Jacksonville, AL (March)
- 1999 Calhoun County AL First Aid & CPR Instructors, Jacksonville State University, Jacksonville, AL (March)

COMMUNITY CPR WORKSHOPS

- 1995 - 1998 DSU Student Teachers, Cleveland, MS, (Jan)
- 1991 Physician's Secretaries, Carbondale, IL, (June)
- 1991 UNI Distribution Employees, Pinckneyville, IL, (June)
- 1991 Preschool Teachers, Carbondale, IL, (Feb)
- 1990 Dental Hygiene Students, Carbondale, IL, (Nov)
- 1990 Early Childhood School Teachers, Carbondale, IL, (Aug)
- 1989 Choate Mental Health Hospital Nurses, Anna, IL, (Nov)

STANDARD FIRST AID WORKSHOPS

- 1994 SLU Intramural Lifeguards, Hammond, LA, (March)
- 1991 Venture Department Store Supervisors, Carbondale, IL, (June)
- 1991 UNI Distribution Employees, Pinckneyville, IL, (June)
- 1990 Carbondale High School teachers, Carbondale, IL, (Dec)
- 1990 Unity Point School Teachers, Carbondale, IL, (Nov)
- 1990 SIUC Credit Union Employees, Carbondale, IL, (Oct)

OTHER COMMUNITY SERVICE

- 2007 Grand Marshal, 15th Annual Mathaville Heritage Festival Parade, Marthaville, LA
- 2007 Raised \$450 dollars from donated copies of my book “The Hawks Last Flight” at a book signing during the 15th Annual Marthaville Heritage Festival for the Marthaville Elementary School playground fund.

VOLUNTEER

- 2001 Basketball Coach for 9-10 year old boys, Piedmont City Recreation Center, Piedmont, AL (Winter)
- 1987 - 2005 American Red Cross Volunteer First Aid and CPR instructor

JACKSONVILLE STATE UNIVERSITY

- 2001 & 2002 Participated in JSU Faculty-Student Charity Basketball Game for the “Habitat for Humanity” (March)
- 2001 - 04 Photographer for Gamecock Gallop 5K Race sponsored by the JSU Department of HPER Wellness Center (Nov)

DELTA STATE UNIVERSITY

- 1995 - 1997 Special Olympics, Volunteer, Coordinator of Softball Throw, Cleveland, MS (April)
- 1994 - 1998 Volunteer for Health Services Bi-Annual Blood Lipid Profile and PSA Screening, Cleveland, MS

PROFESSIONAL CONFERENCES ATTENDED

INTERNATIONAL

Hawaii International Conference on Education	2005, 2010, 2011
World Conference on E-Learning	2013
Clute Institute International Academic Conference	2014
International Conference on Interdisciplinary Studies	2016

NATIONAL

Mentoring Conference	2013
SHAPE America	1987, 1991, 1994, 1996, 2000, 2004-12
CDC/DHPE	2005
SHAPE America National Student Leadership	2003, 2004
SHAPE America National Leadership Development	2004

DISTRICT

SHAPE America Southern District	1987-88, 1991, 1994-01, 2003-12, 2014, 2016-17
SHAPE America Southern District Leadership	1996, 2001, 2004-07

STATE

Kentucky AHPERD	2000, 2005, 2007-08, 2011
Alabama State AHPERD, Spring	2000, 2002-07
Alabama State AHPERD, Fall	1999, 2001-07
Mississippi AHPERD	1994-98
Louisiana AHPERD	1987, 1993, 1994