Ruoxi Chen, Ph.D., LMFT, LPC

Curriculum Vitae

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The University of Louisiana at Monroe

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**EDUCATION**

2013 Ph.D. in Human Development, Specialization in Marriage & Family Therapy

Virginia Tech, Blacksburg, VA

2010 M.S. in Marital and Family Therapy

Northwestern University, Evanston, IL

2008 B.A. in Chinese Literature

Fudan University, Shanghai, China

2008 LL.B. (Second Degree)

Fudan University, Shanghai, China

**LICENSES & CREDENTIALS**

Licensed Professional Counselor, with Appraisal Privilege (Louisiana #6403)

Licensed Marriage and Family Therapist (Louisiana #1254)

Licensed Marriage and Family Therapist (Texas #203227)

Licensed Professional Counselor (Georgia #012443)

Licensed Marriage and Family Therapist (Massachusetts #1910-MH-MF)

Licensed Marriage and Family Therapist Out-of-State Telehealth Provider (Florida #204)

American Association for Marriage and Family Therapy Approved Supervisor

American Association for Marriage and Family Therapy Clinical Fellow

Certified Child Custody Evaluator (CCCE #000030)

Certified Forensic Mental Health Evaluator (CFMHE #000142)

Eye Movement Desensitization and Reprocessing (EMDR) Trained Clinician

**PROFESSIONAL APPOINTMENTS**

Aug. 2023-present Associate Professor of Counseling

University of Louisiana at Monroe (ULM)

Aug. 2020-Jul.2023 Associate Professor of Marriage and Family Therapy (MFT), ULM

Aug. 2014-Jul. 2020 Assistant Professor of MFT, ULM

Feb. 2015-present Member, Graduate Faculty, ULM

Jan. 2015-Aug. 2016 Externship Coordinator, MFT Programs, ULM

Sept. 2014-Feb. 2015 Associate Member, Graduate Faculty, ULM

**AWARDS AND HONORS**

2016 Leadership Scholarship

American Association for Marriage and Family Therapy

2015 Poster Presentation Award

Louisiana Association for Marriage and Family Therapy

2014 Outstanding Dissertation Award

American Association for Marriage and Family Therapy

2010 Academic Recognition, Northwestern University

**GRANTS**

Note: † indicates interdisciplinary and/or cross-institutional collaborators.

Barrow, K. M.†, Austin, J. P., & **Chen, R.** (Co-PIs) (2018). Families and humanities: Developing an integrated learning experience in the service of enhancing family life. Humanities Connections Planning Grant, National Endowment for the Humanities. **($35,000**; not funded)

Austin, J. P., Daniello-Heyda, C.†, & **Chen, R.** (Co-PIs) (2018). Client’s experiences of seeking couple therapy: A theory of help-seeking behaviors. Fahs-Beck Fund for Research and Experimentation, The New York Community Trust. (**$20,000**;not funded)

**Chen, R.**, & Austin, J. P. (Co-PIs) (2015-2017). Influencing potential applicants’ decision to apply to MFT master’s programs. Hanna Spyker Endowed Chair Research Grant, University of Louisiana at Monroe. (Funded for **$8,500**)

Austin, J. P., & **Chen, R.** (Co-PIs) (2015-2017). Influencing potential applicants’ decision to apply to MFT doctoral programs. Hanna Spyker Endowed Chair Research Grant, University of Louisiana at Monroe. (Funded for **$8,500**)

**Chen, R.**, Sutton, J. P., & Austin, J. P. (Co-PIs) (2015). #TeenMomPower: Empowering teen moms to live, relate, and parent well. Living Well Foundation Grant, West Monroe, Louisiana. (**$24,146**; not funded)

Piercy, F. Chang, W., **Chen, R.**, (Co-Investigator), Jaramillo-Sierra, A., Karimi, H., & Palit, M., (2011-2012). A multi-country, collaborative, cross-national family therapy research project. Niles Research Award, College of Liberal Arts and Human Sciences, Virginia Tech. (Funded for **$3,800**)

**PUBLICATIONS**

Note: \* indicates student coauthors. † indicates interdisciplinary and/or cross-institutional collaborators.

**Refereed Journal Articles**

19. **Chen, R.**,Fussell, C.\*, Austin, J. P., May, S. E.\*, & Wang, Q. (2021). How therapists should work with infertile couples: A literature review. *Journal of Couple & Relationship Therapy, 20,* 15-31.

18. Johnson, C. D.\*, & **Chen, R.** (2020). The COVID-19 pandemic and its impact on the southern United States. *Journal of Comparative Family Studies, 51,* 314-323.

17. **Chen, R.** (2020). Social support as a protective factor moderating the effect of grief reactions on depression for bereaved single older adults. *Death Studies.* DOI: 10.1080/07481187.2020.1774943

16. **Chen, R.**, Austin, J. P., Sutton, J. P., Twiford, T.\*, & Fussell, C.\* (2019). Burnout prevention and coping: What can marriage and family therapists in agency settings do? *Journal of Family Psychotherapy, 30*, 204-220.

15. **Chen, R.** & Austin, J. P. (2019). Depression as a moderator and a mediator of marital quality’s effect on self-rated physical health. *Archives of Gerontology and Geriatrics, 83*, 50-54.

14. **Chen, R.**, & Busby, D.† (2019). Family of origin experiences on relationship satisfaction: A mediation model. *Journal of Family Therapy, 41*, 80-101.

13. **Chen, R.**, Austin, J. P., Hughes, A. C.\*, & May, S. E.\* (2019). The way in: Most effective ways to draw potential applicants to MFT master’s programs. *Contemporary Family Therapy, 41,* 47-55*.*

12. **Chen, R.**, Austin, J. P., & Hughes, A. C.\* (2018). An eye on the future: Promoting MFT master’s programs to potential applicants. *Contemporary Family Therapy, 40,* 153-163.

11. **Chen, R.**, Hughes, A. C.\*, & Austin, J. P. (2017). The use of theory in family therapy research: Content analysis and update. *Journal of Marital and Family Therapy, 43,* 514-525.

10. **Chen, R.**, Piercy, F. P., & Miller, J. K. (2017). A cross-cultural mate selection study of Chinese and American men and women*.* *Journal of Comparative Family Studies, XLVIII*, 243-260.

9. **Chen, R.**, Piercy, F. P., Huang, W.†, Jaramillo-Sierra, A. L., Karimi, H., Chang, W., Palit, M., Martosudarmo, C.†, & Antonio, A.† (2017). A cross-national study of therapists’ perceptions and experiences of dropout: A preliminary report. *Journal of Family Psychotherapy, 28,* 269-284.

8. **Chen, R.**, & Austin, J. P. (2017). The effect of external influences on mate selection necessity traits: Cross-cultural comparisons of Chinese and American men and women. *Marriage & Family Review, 53*, 246-261.

7. **Chen, R.**, Piercy, F. P., Miller, J. K., & Austin, J. P. (2017). Chinese and American individuals’ mate selection pressures: Self-focused vs. mated focused. *Journal of Comparative Family Studies, XLVIII,* 97-112.

6. **Chen, R.**, Austin, J. P., Miller, J. K., & Piercy, F. P. (2015). Chinese and American participants’ mate selection criteria: Updates, modifications, and extensions. *Journal of Cross-Cultural Psychology, 46,* 101-118.

5. Jaramillo-Sierra, A. L., Piercy, F. P., **Chen, R.**, Chang, W., Palit, M., Karimi, H., Martosudarmo, C.†, & Antonio, A.† (2015). Couple and family therapists’ perception of women’s depression and preferred treatment modalities: A cross-national exploration. *Journal of Family Psychotherapy, 26,* 226-242*.*

4. **Chen, R.** (2015). Weaving individualism into collectivism: Chinese adults’ evolving relationship and family values. *Journal of Comparative Family Studies, XLVI*, 167-179.

3. Piercy, F. P., Chang, W., Palit, M., **Chen, R.**, Karimi, H., Jaramillo-Sierra, A. L., Martosudarmo, C.†, & Antonio, A.† (2014). A cross-national study of family therapy training: A collaborative pilot project. *Contemporary Family Therapy, 36,* 250-259.

2. Piercy, F. P., Chang, W., Palit, M., Jaramillo-Sierra, A. L., **Chen, R.**, Karimi, H., Martosudarmo, C.†, & Antonio, A.† (2013). Cross-national research in family therapy: One encouraging collaborative approach. *Journal of Family Psychotherapy, 24*, 296-305.

1. **Chen, R.** (2012). Narrative therapy for Chinese adults raised as an only child. *Contemporary Family Therapy, 34,* 104-111.

**Book Chapters and Encyclopedia Entries**

7. **Chen, R**., May, S. E.\*, Hundley, J. W.\*, & Austin, J. P. (2020). Counseling for Chinese women’s mate selection struggles. In *Intercultural Perspectives in Family Counseling*. Abingdon, UK: Routledge.

6. Austin, J. P., Evans, B. J.\*, & **Chen, R**. (2020). Working with the invisible: Family systems therapies for Appalachian families. In *Intercultural Perspectives in Family Counseling*. Abingdon, UK: Routledge.

5. **Chen, R.**, Austin, J. P., & Hundley, J. W.\* (2018). Perturbation in couple and family therapy. In the *Encyclopedia of Couple and Family Therapy.* New York, NY: Springer.

4. Austin, J. P., Evans, B. J.\*, **Chen. R.** (2018). First-order change in family systems theory. In the *Encyclopedia of Couple and Family Therapy.* New York, NY: Springer.

3. Hundley, J. W.\*, May, S. E.\*, **Chen. R.** (2017). Fusion in family systems theory. In the *Encyclopedia of Couple and Family Therapy.* New York, NY: Springer.

2. **Chen, R.** (2017). International family therapy. In *The SAGE Encyclopedia of Marriage, Family, and Couple Counseling.* Thousand Oaks, CA: Sage.

1. **Chen, R.** (2016). Mating gradient. In *The Wiley Blackwell Encyclopedia of Family Studies*. Hoboken, New Jersey: Wiley-Blackwell.

**Published Interviews**

**Chen, R.** (2018). (as interviewed by S. Racorean). (2018). On second thought.... *Family Therapy E-News, 10,* 2-3.

**CONFERENCE PRESENTATIONS**

Note: \* indicates student coauthors. † indicates interdisciplinary and/or cross-institutional collaborators.

**International and National Presentations**

9. **Chen, R.** & Austin, J. P. (2019, August). *How do clients choose quality mental health providers?* American Association for Marriage and Family Therapy 2019 annual conference, Austin, TX.

8. Karimi, H.†, & **Chen, R.** (2018, November). *A cross-national study of common mechanisms of change in MFT*. American Association for Marriage and Family Therapy 2018 annual conference, Louisville, KY.

7. Austin, J. P., **Chen, R.**, Sutton, J. P. Hundley, J. W.\*, & Savage, B.\* (2018, November). *The connection between relationship quality and clinician burnout.* Research discussion presented at the American Association for Marriage and Family Therapy 2018 annual conference, Louisville, KY.

6. Austin, J. P., & **Chen, R.** (2017, October). *Relationship health literacy: Promoting relational intelligence.* Workshop presented at the American Association for Marriage and Family Therapy 2017 annual conference, Atlanta, GA.

5. **Chen, R**., & Busby, D.† (2015, November). *Family of origin experience on relationship satisfaction: A mediation model.* Poster presented at the National Council on Family Relations Annual Conference, Vancouver, Canada.

4. Austin, J. P., & **Chen, R.** (2015, November). *Getting them in: Promoting MFT using the theory of reasoned action.* Paper presented at the National Council on Family Relations Annual Conference, Vancouver, Canada.

3. **Chen, R**., & Austin, J. P. (2014, November). *Comparing Chinese and American adults’ perceived mate selection pressures.* Symposium presented at the National Council on Family Relations Annual Conference, Baltimore, MD.

2. Austin, J. P., & **Chen, R**. (2014, November). *External influences on mate selection.* Symposium presented at the National Council on Family Relations Annual Conference, Baltimore, MD.

1. **Chen, R.**, Fu, V., Faas, C., & Austin, J. P. (2013, April). *A case study of teacher and parent mind-mindedness on social play behaviors of immigrant Chinese preschool children.* Poster presented at the Society for Research in Child Development Biennial Meeting, Seattle, WA.

**State/Regional Presentations**

5. Austin, J. P. & **Chen, R.**, (2018, July). *Learning selfishness in a selfless profession: Recognizing and reducing burnout*. Workshop presented at Red River Institute Monthly Luncheon, Shreveport, LA.

4. Aryal, K.\*, & **Chen, R.** (2018, February). *Experience* *of international students in MFT programs.* Ted-style talk presented at Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

3. Austin, J. P., Sutton, J., **Chen, R.** (2017, March). *“It’s not you, it’s me”: Recognizing and reducing burnout and compassion fatigue in the mental health profession.* Workshop presented at Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

2. Sutton, J., **Chen, R.**, & Austin, J. P. (2015, October). *Learning selfishness in a selfless profession.* Workshop presented at North Louisiana Counselor Education Workshop, West Monroe, LA.

1. Austin, J. P., & **Chen, R.** (2015, February). *Perception of MFT session cost.* Poster presented at Louisiana Association for Marriage and Family Therapy Annual Conference, Baton Rouge, LA.

**PROFESSIONAL SERVICES**

**Consultant**

United Nations Office on Drugs and Crime (UNODC) Training Package – “Elements of family therapy for juveniles with drug use disorders and in contact with the criminal justice system: Creating societies resilient to drugs and crime”

**Editorial Boards**

Associate Editor – Journal of Comparative Family Studies

**Ad Hoc Reviewer**

Journal of Marital and Family Therapy

Journal of Cross-Cultural Psychology

Journal of Comparative Family Studies

Professional Psychology: Research and Practice

Substance Use and Misuse

Aging and Mental Health

**Conference Proposal Reviewer**

Presentation Reviewer –National Council on Family Relations Annual Conference, Family Therapy Section, Minnesota. (2016, March)

Poster Judge – National Council on Family Relations Annual Conference, Family Therapy Section, Vancouver, Canada. (2015, November)

**PROFESSIONAL MEMBERSHIPS**

American Association for Marriage and Family Therapy

American Psychological Association

EMDR International Association