



Return-to-Work Self-Certification for COVID-19

When You Test Positive - Isolation protocols

We are adopting the updated CDC protocols for isolation of individuals who've tested positive for the virus. If you test positive for COVID-19, **regardless** of your vaccination status:

- Report your case to the appropriate University officials.
- You must isolate for FIVE days (day 1 starts on date of positive test)
- If you have no symptoms or your symptoms are resolving (no fever for 24 hours), you may leave isolation after five days.
- After leaving isolation, you must wear a mask around others for an additional five days.

If you have a fever, you must continue to isolate until your fever resolves without the aid of fever-reducing medication.

When You Are Exposed - Quarantine protocols

If an employee is a close contact (defined as within 6 feet for a cumulative 15 minutes over a 24-hour period) of a COVID-19 case, that person may return to work if they:

Have been boosted, OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months, OR Completed the primary series of J&J vaccine within the last 2 months	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test of day 5, if possible. <i>If you develop symptoms, get a test and stay home.</i>
Are unvaccinated, OR Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted, OR Completed the primary series of J&J over 2 months ago and are not boosted	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • Test on day 5, possible. <i>If you develop symptoms, get a test and stay home.</i>

Persons suspected of having COVID-19 who have been tested and receive a negative PCR test may discontinue isolation precautions provided they feel well. **Antigen and antibody tests do not rule out suspect COVID-19 cases.**

If the employee is sick with non-COVID-19 symptoms, or if the employee has tested negative for COVID-19, the employee's *symptoms must have improved 24 hours before returning to the worksite*. If teleworking or working from home, the employee does not have to wait the 24 hours before resuming work duties.

Employee Self-Certification

Employees Returning from Isolation

Date of Symptom Onset: ___/___/_____

Date of Positive Test: ___/___/_____

Date of Expected Return to Work: ___/___/_____

Employees Returning from Quarantine

Date of Last Exposure to COVID+: ___/___/_____

Date to Discontinue Quarantine: ___/___/_____

Test Date and Result: ___/___/_____ Positive Negative Not Tested

By signing this document, I verify that I have been symptom-free for the appropriate number of days and that the information reported above is correct. Therefore, I can be released from isolation or quarantine and may resume work-related activities.

Signature

Date