

Office of Student Affairs

HAWK TALK

— THIS WEEK ON THE BAYOU — SPRING 04.22.2024 —

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Vice President for Student Affairs

DR. FIELDS' NOTE

Hello Warhawks,

As you gear up for finals, remember to make time to take of yourself so you can perform at your best during what can be a stressful time.

Find a way to recharge between study sessions, whether that means engaging in intramurals, participating in the campus clean-up efforts, or taking a break to check out the student research symposium or the student art on display at VAPA's Bry Art Gallery.

Stay strong and soar high!

A handwritten signature in black ink that reads "Valerie S. Fields". The signature is fluid and cursive, with a large, stylized initial "V".

Dr. Valerie S. Fields
Vice President for Student Affairs

ACE YOUR FINALS

Explore study tips, mindset shifts, and practical strategies for student success and burnout prevention for finals season with host Lanaya Bolden and guests on this episode of the ULM Student Affairs' podcast "Outside the Frame."

| Tap to listen

A woman with dark curly hair, wearing large black headphones and a light-colored top, is seen from the back, sitting at a desk in a radio studio. She is facing a professional boom microphone. The microphone has a small sign that says "90.3 KEDME". To her right, another woman with short brown hair, wearing glasses and a green patterned sweater, is seated at the same desk, looking towards the first woman. The studio has a large window in the background showing a building and trees. The overall scene is brightly lit.

STUDY TIPS FOR FINALS



Keep ULM Beautiful

CAMPUS CLEAN-UP

LOVE THE BOOT WEEK

Participants may choose which day(s) they volunteer and for how long they can pick up and sort recyclable litter. Buckets, bags, vests, grabbers, and gloves will be provided.

April 22 - April 25, 2024

11 AM - 1 PM

Library Overhang closest to Scott Plaza

WORK SHOWCASE

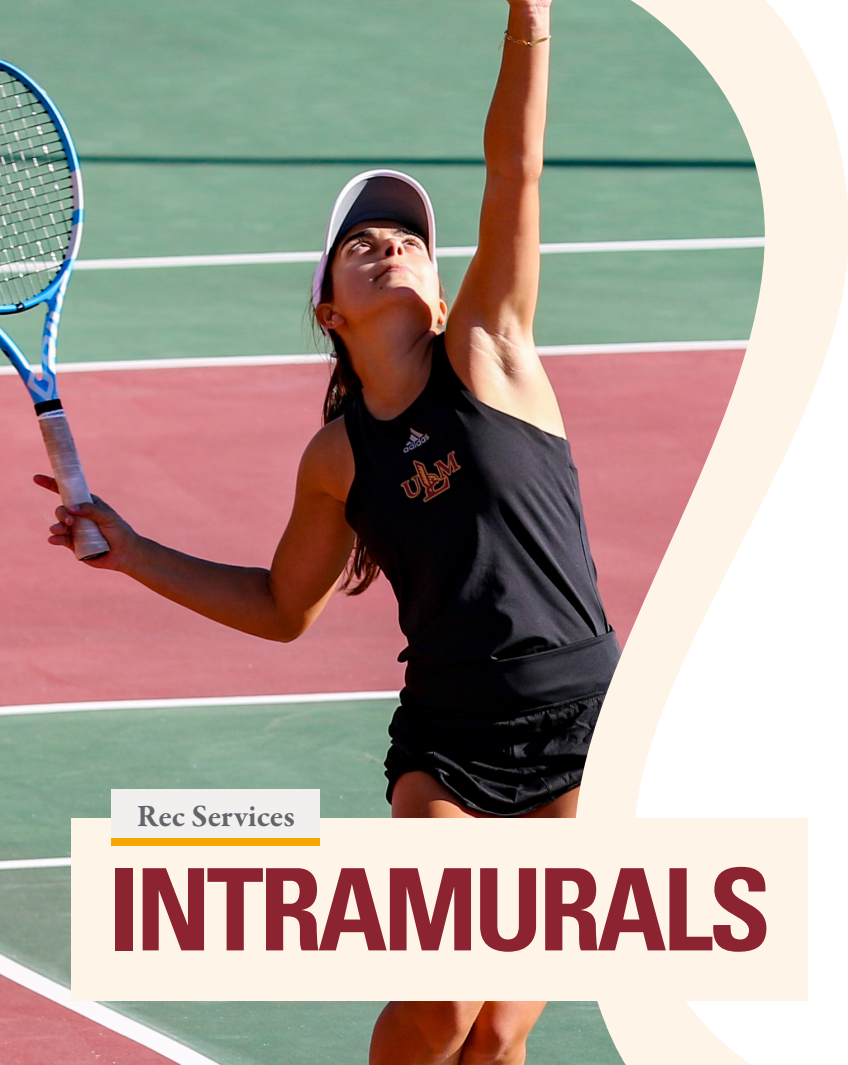
Come check out your peers' displays of research and creative ideas!

Wednesday, April 24, 2024
8:30 - 5 PM
The Hangar

ULM

RESEARCH SYMPOSIUM





Rec Services

INTRAMURALS

TENNIS: APRIL 23 | BINGO: APRIL 24

Don't miss your chance to join the fun and showcase your skills.

Entry deadline: 1 PM on April 23 for Tennis & April 24 for Bingo
Visit imleagues.com/Schools/ULM
Open to ULM students, faculty, and staff.

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SOUNDTRACK



MINGLE WITH YOUR COLLEGE RADIO

Wednesday, April 24, 2024

12:30 - 2:30 PM

The Hub