



2025 High School Summer Camp Welcome Packet

Contents Include:

- *Welcome Letter*
- *Music Camp Schedule*
- *Campus Map*
- *Equipment List*
- *Faculty/ Staff Contact Information*

**ULM School of Visual and Performing Arts
Biedenharn Hall
700 University Avenue
Monroe, LA 71209**



Welcome Campers,

It is my pleasure to welcome you to our second ULM Summer Music Camp. We are excited to have you with us on the campus of The University of Louisiana Monroe. To prepare yourself for this week, please carefully review the materials in this packet.

FORMS – Some forms are required to participate in the ULM Music Camp.

1. Info & Elective Selection: (<http://tinyurl.com/ulmmusicinfo>) - online form
2. Forms packet: (<https://tinyurl.com/ulmmusicforms>) - print and bring to registration
3. Kayaking Release Form (<https://ulmwesley.org/wesleyonthewater>) - only needed if you would like to Kayak.

WHAT TO BRING – Please look through the checklist in this packet for a detailed checklist of what you should bring to camp.

CAMP INFORMATION – A detailed camp schedule is in this packet. Be physically ready and have everything that you need. If you have questions, ask them!

- Registration will be held on **Wednesday, June 18 starting at 8:30 A.M.** Overnight campers should report directly to Ouachita Hall on campus. Commuters should report to Emy Lou Biedenharn Recital Hall.
- Commuters will report to camp after breakfast (breakfast is not included in the camp fees for commuters). The evening activities are optional for COMMUTERS.
- No campers are allowed to drive their vehicle for the duration of the camp. Commuters may drive to camp and leave at the end of camp, but are required to check-in and out with a camp counselor.
- The entire cost of the camp is due at registration. There are no exceptions.

Please join the *ULM Summer Music Camp* BAND app for communication before and during the summer camp. We will also use the BAND app to communicate information about ULM events after the camp - if you would like to stay in the group. Scan this QR code to join the BAND app:



Follow our social media pages (Facebook - @ulmsot & Instagram - @thesoundoftoday) and subscribe to our YouTube channel (The Sound of Today) for highlights and pictures!

We will see you on the Bayou!

Dr. Allen Parrish

Director of Athletic Bands

Parrish@ulm.edu

318.342.1580

UPDATED February 18, 2025



2025 Sound of Today
High School Summer Camp
June 18 - 21, 2025



WEDNESDAY, JUNE 18, 2024

*Registration and dorm check-in is from 8:00 am – 9:30 am for OVERNIGHT CAMPERS at Ouachita Hall. COMMUTERS will register in the lobby of the Emy-Lou Biedenharn Recital Hall. After you are settled into your dorm, please report to the Emy-Lou Biedenharn Recital Hall for our Welcome Meeting at 10:00 A.M.

8:00 - 9:30 am	Registration	
10:00 - 10:15 am	Welcome Meeting	<i>Biedenharn Recital Hall</i>
10:15 - 10:45 am	Small group social	
10:55 - 11:50 am	Session 1	
12:00 - 1:00 pm	Lunch	
1:10 - 2:10 pm	Session 2	
2:15 - 4:45 pm	Afternoon Activity	<i>Kayaking on the Bayou (25 spots)/ Inside Activity</i>
5:00 - 6:00 pm	Dinner	
6:15 - 7:30 pm	Session 3	
8:00 - 9:30 pm	Evening Activity	<i>Photo Scavenger Hunt</i>

THURSDAY, JUNE 19, 2025

7:30 - 8:30 am	Breakfast	
8:45 - 10:15 am	Session 4	
10:30 - 11:15 am	Elective 1	
11:30 - 12:30 pm	Lunch	
12:45 - 2:00 pm	Session 5	
2:15 - 4:45 pm	Afternoon Activity	<i>Kayaking on the Bayou (25 spots)/ Activity Center</i>
5:00 - 6:00 pm	Dinner	
6:00 - 7:00 pm	Session 6	
7:15 - 8:00 pm	FULL CONCERT BAND	
8:15 - 9:30 pm	Evening Activity	<i>Movies Night</i>

FRIDAY, JUNE 20, 2025

7:30 - 8:30 am	Breakfast	
8:45 - 10:15 am	Session 7	
10:30 - 11:15 am	Elective 2	
11:30 - 12:30 pm	Lunch	
12:45 - 2:00 pm	Session 8	
2:15 - 4:45 pm	Afternoon Activity	<i>Kayaking on the Bayou (25 spots)/ Inside Activity</i>
5:00 - 6:00 pm	Dinner	
6:00 - 7:00 pm	Session 9	
7:15 - 8:00 pm	FULL CONCERT BAND	
8:15 - 9:30 pm	Evening Activity	<i>Talent Show</i>

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SATURDAY, JUNE 21, 2025

7:30 - 8:30 am	Breakfast	
8:30 - 9:30 am	Session 10	
9:30 - 10:00 am	FULL CONCERT BAND	
10:00 - 11:00 am	Dress Rehearsal	<i>Brown Auditorium</i>
11:00 - 11:15 am	ULM Q&A	<i>Brown Auditorium</i>
11:15 am - 12:15 pm	Lunch	
12:30 - 1:15 pm	Prepare for Showcase	
1:30 - 2:00 pm	Showcase	<i>Brown Auditorium</i>
2:00 - 3:00 pm	Unload room/ Check-Out	<i>Ouachita Hall</i>



“Sound of Today” Building (Emy Lou Biedenharn Recital Hall is beside the SOT Band Building)

Call Dr. Parrish at any time for directions if you are lost (O. 318.342.1580 - C. 850.630.7505).

ULM Music Camp Equipment List

- Bring only what you need.
- Be sure to mark all of your belongings with your name.

ITEM	✓
Sheets for extra long twin bed (if you cannot find extra long sheets, you can use two standard twin flat sheets or a sleeping bag)	
Blanket	
Pillow & Pillow case	
Bath towel, hand towel, & washcloth	
Personal toiletries (shampoo, soap, etc.)	
Alarm clock (if not using one on your phone)	
Phone charger	
Refillable water bottle	
Sunscreen/ bug spray	
Casual clothes to wear to sessions, classes, and recreation events	
Athletic clothes for outdoor sessions	
Sneakers or other comfortable footwear	
Rain jacket/ umbrella	
Sweater or sweatshirt	
Hat & sunglasses	
Bathing suit	
Small backpack	
Marching Instrument*	
Mouthpiece+	
Instrument Specific Needs (reeds, valve oil, etc.)	
CHORAL ONLY: Jeans for performance (no tears/rips)	

*Percussion instruments and sousaphones can be provided by the University during registration. Percussionists should be sticks and practice pads. Students and their parents are liable for any damage done to instruments during the duration of the camp.

You may bring snack items for your rooms, but we ask that you follow these guidelines:

- Be considerate of students with allergies. Consider bringing nut-free items.
- There are no refrigerators in the rooms. Anything you bring will be kept at room temp.
- Consider refillable water bottles rather than a case of water.
- You cannot bring food from your room to the cafeteria.

- If you wish to order food in the evening, please coordinate with a dorm counselor.

Camp Wellness

Many campers never need medical care while at camp. By far the most common medical complaints are minor ailments such as headaches, fatigue and stomach aches. But should a camper need medical attention while at camp, here is what you can expect.

Medical Treatment At Camp

The ULM Summer Music Camps does not have a nurse on staff and employees of the Summer Music Camps are not responsible for making health decisions on behalf of the campers.

Any required medical care will be given by a health professional at one of the following facilities: ULM Health Clinic or at St. Francis Urgent Care. The St. Francis Emergency Room will be utilized for all emergency situations.

If a camper does not necessarily need medical treatment, but they are not feeling well, the policy listed below applies.

When a camper feels unwell:

We know that no one wants to go home early from camp, but it is VITAL that campers report any illness. One unwell camper can infect instructors, counselors, and fellow campers. Please understand that by attending camp, you have agreed to report any illness immediately.

PARENTS MUST BE PREPARED TO COME TO MONROE TO COLLECT THEIR CAMPER IF ILLNESS OCCURS.

In order to protect all of our campers and staff, the following will be our protocol for managing any illness that presents at camp:

OVERNIGHT CAMPERS:

- If an individual has a fever (100.2 and above), they will be immediately isolated. The camper's parents/guardians will be contacted, and they must take the camper home immediately. We can keep the camper isolated until the parent/guardian is able to travel to Monroe to take the camper home, however, parents must be prepared to collect the camper within 24 hours.
- If an individual feels unwell (headaches, stomach aches, sore throat) but does not have a fever they will be moved to sick bay. The camper's parents/guardians will be contacted. Parents can choose to come get the camper, or the camper may remain in sick bay and monitored for up to 24-hours. If during the 24-hours symptoms do not improve, symptoms worsen, or if the camper develops a fever, then the camper must go home immediately. If

after 24-hours the camper feels better with rest, symptoms are completely gone, and there is no fever, the camper will be allowed to return to normal camp activities.

COMMUTERS:

- If an individual has a fever (100.2 and above), they will be immediately isolated. The camper's parents/guardians will be contacted, and they must take the camper home immediately. We can keep the camper isolated until the parent/guardian is able to travel to Monroe to take the camper home, however, parents must be prepared to collect the camper within 24 hours.
- If an individual feels unwell (headaches, stomach aches, sore throat) but does not have a fever the camper's parents/guardians will be contacted. Parents should pick up the student and monitor for 24-hours. A COVID-19 test is suggested. If during the 24-hours symptoms do not improve, symptoms worsen, or if the camper develops a fever, or if the COVID test comes back positive, then the camper may not return to camp. If after 24-hours the camper feels better with rest, symptoms are completely gone, there is no fever, and the camper has tested negative for COVID, the camper will be allowed to return to normal camp activities.

If a camper must be sent home due to health concerns, there are no refunds.

Other Medical Concerns

Medications At Camp

The Summer Band Camps have the same policy for both prescription and non-prescription medications: campers can keep them in their room and administer themselves, or they can be turned into the camp staff for administration. See before for more details.

ALL CAMPERS SHOULD BRING A SUPPLY OF COMMON MEDICATIONS IN CASE THEY DO NOT FEEL WELL DURING CAMP. EXAMPLES: TYLENOL, ADVIL, MOTRIN, TUMS, COLD MEDICATION. The SOT Summer Band Camps does NOT have a supply of medication to give to your child if they are feeling unwell, so it is essential that you pack some.

Medications Administered by Camp Staff

If a camper will be bringing medication (prescription or non-prescription) that you want to be administered by camp staff, they will turn it over to the counselors at camp check-in. Medications will be held in the camp office and the camper will come to the camp office at the appropriate time to take the medication. Medications shall be dispensed according to written directions on the label. A log is kept in the camper's record of each dose. Though the camp staff is not responsible for ensuring that campers take their daily or routine medications, campers that do not come to take their medications may be pulled from class so that they can take them. The ULM Summer Music Camp also reserves the right to have medication administered by the ULM Health Center if necessary or to contact parents if the camper is not taking the medication as directed.

Please note that the camp does not have a supply of common medications to give to campers. Any as-needed medications that you do not supply can only be accessed by the camper by going for treatment at the ULM Health Center or another local care facility and then supplied by medical personnel in collaboration with you.

It is the parent's responsibility to:

- **Provide medications in their original container.** Prescription medications must have a label stating the name of the physician, child's name, name of the medication and the medication directions. Non-prescription medications must be in their original packaging.
- **Provide exact dosing information on a sheet to be signed by a parent (required) or the physician (preferred).**
- **Provide updates and/or changes to medication usage and/or dosage.**
- **Provide ample medication at the start of camp.**
- **Ensure that the medications are actually given to the counselor on the first day of camp.**

We suggest that parents pack medications in a large, Ziplock bag marked with the camper's name on the outside and place a copy of the sheet of dosing instructions inside the bag.

Administered by Camper

If you prefer that your camper be able to administer his/her own medications (either prescription or non-prescription) you can note this on the Medical Release Form. This statement requests that the camper be permitted to keep his/her medications on their person or in their room rather than turning the medications over to camp staff for administration. You will also acknowledge that your child will be solely responsible for these medications and for taking them as directed and that *it is not* permissible for your child to provide medications to another camper(s) and that doing so may result in dismissal from camp.

Please note that the camp does not have a supply of common medications to give to campers. Any medications beyond what you send with the camper may only be accessed by going for treatment at the ULM Health Center or another local care facility and then supplied by medical personnel in collaboration with you.

Insurance

ULM requires that all students provide proof of medical insurance (or Military ID) in order to participate in the camp. If your family does not have medical insurance, please write "N/A" on the Student Information Form and review the medical release form which states that all medical costs which may be incurred at camp will be the family's responsibility. Please contact us at 318.342.1580 if you have any questions.

Camp Staff Contact Information

Dr. Allen Parrish, Director of Athletic Bands, Camp Director, Leadership Clinician | Parrish@ulm.edu

Dr. Nicholas Bratcher, Director of the School of Visual and Performing Arts | Bratcher@ulm.edu

Dr. Kathryn Irwin, Assistant Professor of Percussion, Drumline Clinician | kirwin@ulm.edu

Mrs. Carolyn Bruce, Administrative Assistant for the School of VAPA | Cbruce@ulm.edu

Mr. Duane King, Drum Major of “The President’s Own” US Marine Band, Drum Major Clinician*

Mr. Rad Bolt, Director of Bands at George Jenkins High School, Drum Major Clinician*

Mr. Walter Moss, Director of Bands at Ruston High School, Leadership Clinician*

Mr. Evan McCormick, Director of Bands at Benton High School, Concert Band Clinician*

Mrs. Lauren Parrish, Color Guard Instructor (ULM), Color Guard Clinician*

*There should not be a need to contact the clinicians prior to camp, you may reach out to Dr. Parrish if you have questions for our clinicians.